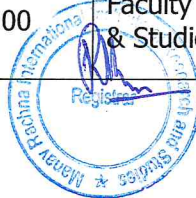
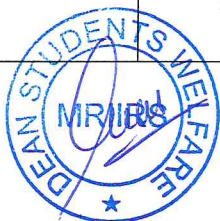




MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

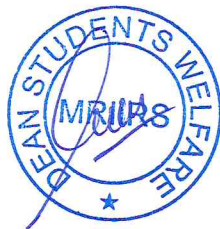
List of programs conducted and the number of students enrolled for Life Skills during Year 2016-17

Name of the capacity development and skills enhancement schemes	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life Skills			
Yoga Workshop for Holistic Wellness	08-06-2017	40	Mr. Rajender Arora, Assistant Professor
Art Workshop	07-01-2017	15	Ms. Sonia Duggal
Quality Awareness Program	11-11-2016	58	Mr. Rajender Arora, Assistant Professor
Training Session on Road Safety: Duty, Rights & Responsibility	15-09-2016	52	Mr. Rajender Arora, Assistant Professor
Seminar on "Yoga and Meditation "	15-02-2017	62	Dr. Jane Alam, Unani Medicine Expert-Meerut
Adverse effects of alcohol and tobacco on human health	10-03-2017	50	R.P.Sharma , Assistant Professor, Mechanical Engineering
Workshop on "Effective Communication and Interpersonal Relationships"	04-04-2017	60	Dr. Sonia Duggal, Assistant Professor, Faculty of Computer Applications.
Significance of mental health and personal hygiene	07-09-2016	94	Mr. Vimal Dhar, Mental & Physical Trainer, Faridabad
Expert Lecture on Physical Activity and Its Benefits	26-07-2016	80	Dr. Finn Berggren from Gerlev Institute, Denmark
Self Defense	03-07-2017	100	Faculty of Management & Studies



Name of the capacity development and skills enhancement schemes	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Mental Health: Disabled People & Related Issues	29-08-2016	170	Faculty of Management & Studies
Learning From Sports	29-07-2016	38	Dr. D P Joshi, Faculty of Mngement & Studies

Keeping in view a very big volume of documents only samples have been provided, however other documents can also be provided, if required.



MANAV RACHNA INTERNATIONAL UNIVERSITY

MEETING NOTICE

Ref. No. : MRIU/DSW/LS/16-17/10

Dated: 01.06.17

With reference to Strategic Perspective Plan for the year 2016-17, under Manav Rachna Life Skill Program a meeting has been planned on 03.06.17 at 2:30 p.m. in the office of Students Welfare for Yoga Workshop for Holistic Wellness

All are requested to make it convenient to attend the same

1. Dr. Preeti Chhabra, Faculty Coordinator, FCH
2. Dr. Pooja Khurana, Faculty Coordinator, FET
3. Mr. Nakshtra, Student Coordinator

Following Agenda Item will be discussed in the meeting:

Agenda Item: Yoga – Awareness and Practice Session for Holistic Wellness

The agenda of the meeting is to plan a Yoga Session for Holistic Wellness.



Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

Minutes of the Meeting

Ref. No. : MRIU/DSW/LS/16-17/11

Dated: 05.06.17

With reference to Ref. No. : MRIU/DSW/LS/16-17/10, Strategic Perspective Plan for the year 2016-17, a meeting was held under chairmanship of Mr. Rajender Arora, Program Coordinator on 03.06.17 at 2:30 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Preeti Chhabra, Faculty Coordinator, FCH
2. Dr. Pooja Khurana, Faculty Coordinator, FET
3. Mr. Nakshtra, Student Coordinator

All interested students can register themselves for the event.

Agenda Item: Yoga Session for Holistic Wellness

Yoga assists the students to reduce stress and anxiety. It also improves memory and attention span. It was proposed by faculty coordinators that the details of the event will be shared to HOD of the respective departments. The HODs will further inform mentees through mentors.



Mr. Rajender Arora
Program Coordinator

Copy to:

Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

NOTICE

Yoga Session for Holistic Wellness

Ref. No. : MRIU/DSW/LS/16-17/12

Date: 05.06.17

Sustained practice with awareness of Yoga leads to important outcomes such as changes in life perspective, self awareness and an improved sense of energy to live life. To benefit the students in their life long journey, "Yoga – Awareness and Practice Session for Holistic Wellness" has been planned on 08-12, June 2017 under Manav Rachna Life Skill Program. The aim of the program is to create balance and restore the natural condition of a healthy body and mind.

Activities Planned	Faculty Coordinator	Venue
Yoga Workshop for Holistic Wellness	Dr. Preeti Chhabra Dr. Pooja Khurana	B Block, Seminar Hall

Interested students are requested to contact the undersigned at 9466239008 for registration till 07.06.17.



Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA Manav Rachna International University
vidyayogocakrishna

MANAV RACHNA LIFE SKILL PROGRAM

**Yoga Workshop
for
Holistic Wellness**

8th to 12th June 2017



MANAV RACHNA INTERNATIONAL UNIVERSITY

To
The Dean Students Welfare
MRIU

Dated: 14.06.16

Subject: Yoga Session for Holistic Wellness

A Yoga Session for Holistic Wellness was organised under Manav Rachna Skill Program. The aim of the program is to create balance and restore the natural condition of a healthy body and mind. A holistic yoga practice and lifestyle does not only include physical yoga practices it also includes spiritual practices like meditation, breathing techniques and chanting. Holistic yoga means union. 40 students attended the program and benefitted by this program. Every asana was practised with a lot of self-awareness and breathe control. Such mindful practices improve focus and concentration of students.

A detailed report along with photographs and attendance of students are attached for your kind reference and record. It is also submitted that the report has been shared to all the students and faculty members.

Regards



Mr. Rajender Arora
Program Coordinator

Enclosures:

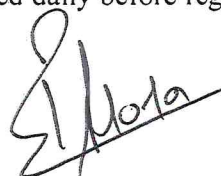
1. Detailed Report
2. Attendance



Manav Rachna International University
Report
on
Yoga Session for Holistic Wellness

Yoga improves strength, balance and flexibility. Slow movements and deep breathing increase blood flow and warm up muscles, while holding a pose can build strength. Balance on one foot, while holding the other foot to your calf or above the knee (but never on the knee) at a right angle. Yoga is about clearing away whatever is in us that prevent our living in the most full and whole way. With yoga, we become aware of how and where we are restricted in body, mind, and heart and how gradually to open and release these blockages. As these blockages are cleared, our energy is freed. We start to feel more harmonious, more at one with ourselves. Our lives begin to flow or we begin to flow more in our lives.

Department of Students' Welfare, MRIU organised a Yoga Workshop for Holistic Wellness on International Yoga Day on June 12, 2017 at B- Block Seminar Hall. The event was graced by the presence of Dr. N.C. Wadhwa, Hon'ble Vice Chancellor MRIU, Dr. R.K. Arora , Registrar MRIU, Ms. Gurjeet Kaur, Associate Dean Students' Welfare . Dr. N.C Wadhwa, Vice Chancellor, Manav Rachna International University highlighted the importance of Yoga in order to stay healthy and energetic. At the end of the session, the group was also handed over with the Certificate of Participation. Later, positive feedback was received from the participants mentioning that such sessions can be practiced daily before regular classes, so as to keep mind and body fit and healthy.



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Yoga Workshop for Holistic Wellness-8.6.17-12.6.17



Yoga Workshop for Holistic Wellness-8.6.17-12.6.17

②

Shilpa



Attendance

Attendance of all the participants for the event –Yoga Workshop on Holistic Wellness

S.No.	Name	Batch	Signature
1	BHAWNA KUMARI	2013	P Bhawna
2	TANISHA ACHARYA	2013	P Tanisha
3	AKSHAT DIXIT	2013	P Akshat
4	VIBHAVESH MISHRA	2013	P Vibhavesh
5	BHUMIKA SHARMA	2013	Bhumika
6	PARTH ARORA	2013	Parth
7	SAMADRITO BOSE	2013	S Bose
8	MUSKAN AGGARWAL	2013	Muskan
9	GITIKA	2013	Gitika
10	JATIN CHOUDHARY	2013	Jatin
11	ANISH CHAKRABORTY	2013	Anish
12	KUNIKA MEHTA	2013	Kunika
13	PRATIK RAJVEER	2013	Pratik Rajveer
14	VANSHIKA MITTAL	2013	Vanishika
15	PRAKHAR KHANNA	2014	Prakhar Khanna
16	ADITH NAIR	2014	Adith
17	DEEPAK BALAYAN	2014	Deepak
18	IPSA	2014	Ipsa

3

Parth Arora

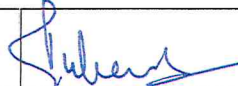
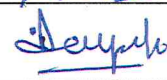

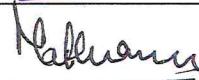
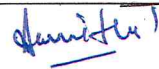

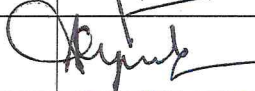

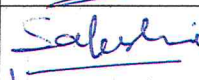
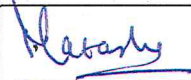
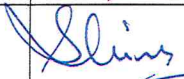



19	ARYAN DHUPAR	2014	<i>Aryan</i>
20	MANVI SHARMA	2014	<i>MANVI</i>
21	YANYA NEB	2014	<i>Yanya</i>
22	SANJITA DUGGAL	2014	<i>Sanjita</i>
23	GARVIT	2014	<i>Garvit</i>
24	SUKRITI NAGI	2014	<i>Sukriti</i>
25	NISHTHA KALRA	2014	<i>Nishtha</i>
26	MANNAT	2014	<i>Mannat</i>
27	GITIKA	2014	<i>Gitika</i>
28	SAHIL MANGEE	2014	<i>Sahil</i>
29	DEEPANK MAHESHWARI	2014	<i>Deepank</i>
30	MADHAV MITTAL	2014	<i>Madhav</i>
31	RESHAM SHARMA	2014	<i>Resham</i>
32	PINKI CHAKRABORTY	2014	<i>Pinki</i>
33	KARISHMA GOYAL	2015	<i>Karishma</i>
34	AASHNA TANEJA	2015	<i>Aashna</i>
35	PALLAVI	2015	<i>Pallavi</i>
36	MUSKAN AGGARWAL	2015	<i>Muskan</i>
37	ANJALI SHARMA	2015	<i>Anjali</i>
38	SIMRAN GOYAL	2015	<i>Simran</i>
39	AADIT SINGH	2015	<i>Aadit</i>

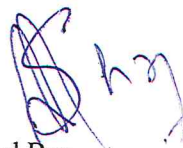
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[Signature]




40	RUBAL SINGH	2015	
41	DEEPAK KUMAR	2015	
42	NIKITA	2015	
43	NIKITA LAKHANI	2014	
44	ATUK MITTAL	2014	
45	GARIMA	2014	
46	AYUSHI GUPTA	2014	
47	MEENAKSHI UPPAL	2014	
48	SAKSHI SHARMA	2014	
49	NATASHA	2014	
50	SHIVAM KUMAR	2014	


Submitted By:
Dr. Arvind Dalal
Faculty Coordinator


Validated By:
Dr. Shrutika Vashisht
Program Coordinator

5

 Validated By:
Mr. Rajender Arora
(Program Coordinator)





Manav Rachna International University

Certificate of Participation

is to certify that

has actively participated in the Event **Yoga Workshop**
for Holistic Wellness under Manav Rachna Life Skill
Program from 08.06.2017 to 12.06.2017 .

Program Coordinator

Dean, Student Welfare

MANAV RACHNA INTERNATIONAL UNIVERSITY

MEETING NOTICE

Ref. No. : MRIU/DSW/LS/16-17/07

Dated: 02.01.17

With reference to Strategic Perspective Plan for the year 2016-17, under Manav Rachna Life Skill Program a meeting has been planned on 04.01.17 at 12:00 p.m. in the office of Students Welfare for Art Workshop.


All are requested to make it convenient to attend the meeting

1. Dr. Pooja Khurana, Faculty Coordinator, FET
2. Dr. Arti Saxena, Faculty Coordinator, FET
3. Ms. Himani Saraswat, Student Coordinator

Following Agenda Items will be discussed during the meeting:

Agenda Item: Art Workshop.

The aim of the workshop will include the Hand drawn typography, which has grown into a field of its own from traditional sign making long used by local communities, to illustration used in publishing, hand-drawn typography creates a sense of creativity, uniqueness, and playfulness in illustration and design. The workshop will help the student to explore the area in writing skills.


Ms. Sonia Duggal
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

Minutes of the Meeting

Ref. No. : MRIU/DSW/LS/16-17/08

Dated: 05.01.17

With reference to Ref. No. : MRIU/DSW/LS/16-17/07, Strategic Perspective Plan for the year 2016-17, a meeting was held under chairmanship of Ms. Sonia Duggal, Program Coordinator on 04.01.17 at 12:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Pooja Khurana, Faculty Coordinator, FET
2. Dr. Arti Saxena, Faculty Coordinator, FET
3. Ms. Himani Saraswat, Student Coordinator

For active participation the students should be given the opportunity to get registered and participate. All interested students can register themselves for the event.

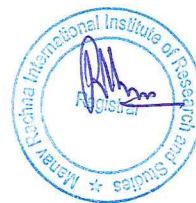
Agenda Item: Art Workshop

Handwriting includes both printing and cursive styles and is separate from formal calligraphy or typeface. Because each person's handwriting is unique and different, it can be used to verify a document's writer. The workshop has given the insight of hand lettering and typography.

Ms. Sonia Duggal
Program Coordinator

Copy to:

Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

NOTICE

Art Workshop


Ref. No. : MRIU/DSW/LS/16-17/09

Date: 05.01.17

Creativity is an obvious but extremely important skill gained from art education. Understanding and harnessing one's own creativity allows them to think "outside of the box" and encourages original methods of problem solving. With this aim, an Art Workshop has been planned from 07.01.17 to 08.01.17 under Manav Rachna Life Skill Program. The aim of the program is to provide awareness about surroundings. This event will be a fun and creative process that will encourage teamwork.

Activities Planned	Faculty Coordinator	Venue
Art Workshop	Dr. Pooja Khurana Dr. Arti Saxena	A Block, Auditorium, 3 rd Floor

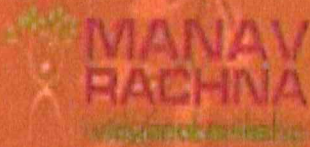
Interested students are requested to contact the Coordinators of the event at 9717883520 latest by 06.01.17.



Ms. Sonia Duggal
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators





Manav Rachna International University

ART WORKSHOP

MANAV RACHNA LIFE SKILL PROGRAM

HAND DRAWN TYPOGRAPHY

7th - 8th Jan, 2017

Anis Sygal



MANAV RACHNA INTERNATIONAL UNIVERSITY

To
The Dean Students Welfare
MRIU

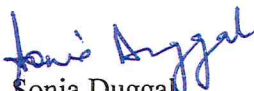
Dated: 09.01.17

Subject: Report on Art Workshop

A workshop on "Art Workshop" was organised under Manav Rachna Life Skill Program. The workshop had given the insight of hand lettering and typography, which helps in development of skills that leads to stronger academic performance. This workshop inculcated an outside of the box thinking and collaborations developing together with confidence in students.

A detailed report along with photographs and attendance of students are attached for your kind reference and record. It is also submitted that the report has been shared to all the students and faculty members.

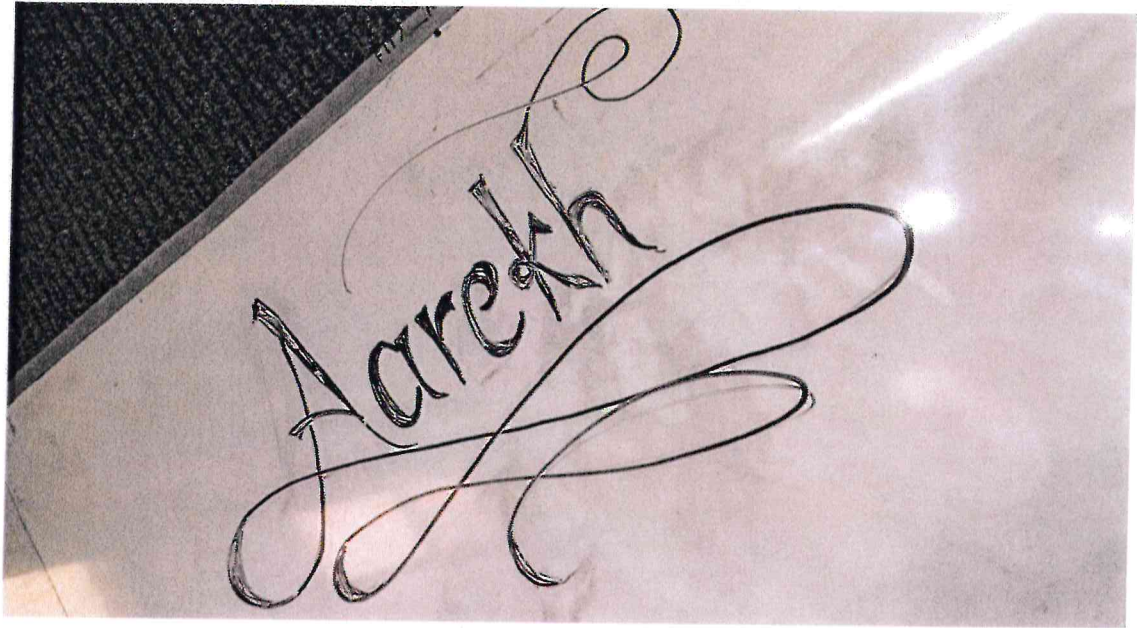
Regards


Ms. Sonia Duggal
Program Coordinator

Enclosures:

1. Detailed Report
2. Attendance





Art Workshop- 7th Jan. 2017



Art Workshop- 7th Jan. 2017

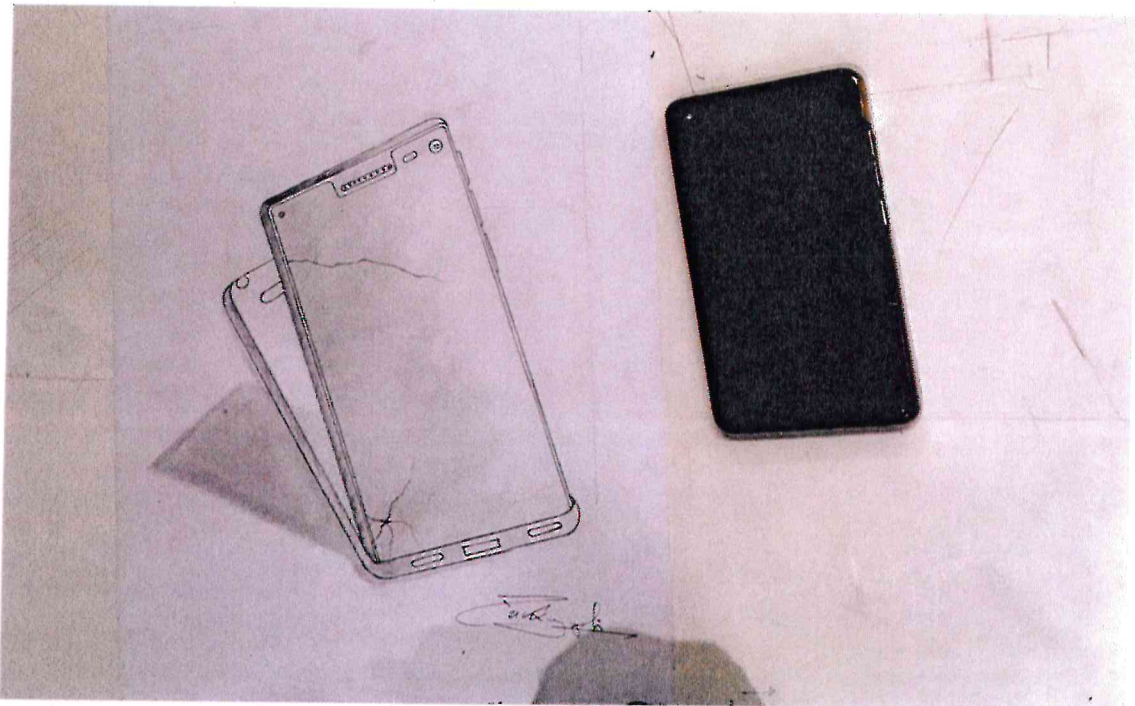
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Jenio Arzgal





Art Workshop- 8th Jan. 2017



Art Workshop- 8th Jan. 2017

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Attendance


Attendance of all the participants for the Event – Art Workshop

S.No.	Name	Batch	Signature
1	SAKSHI	2014	
2	SACHIN GUPTA	2015	
3	AMITA YADAV	2015	
4	SHIVANI BATHLA	2015	
5	WAALI AAFAQ	2015	
6	HARSH THUKRAL	2015	
7	SAHIL DANG	2015	
8	SUBHAM BHARDWAJ	2016	
10	MEENAL SAINI	2016	
11	SHREYA BARANWAL	2016	
12	DIPANSH SRIVASTAVA	2016	
13	VANSHIKA GAUR	2016	
14	KIRTI GANDHI	2016	
15	ARSHAD HUSSAIN	2016	

Submitted By


Dr. Arti Saxena
Faculty Coordinator

Validated By


Ms. Sonia Duggal
Program Coordinator

(4)



Manav Rachna International University

Certificate of Participation

This is to certify that

_____ has actively participated in the Event **Art Workshop** under Manav Rachna Life Skill Program from 07.01.2017 to 08.01.2017.

Program Coordinator

Dear Students Welcome

MANAV RACHNA INTERNATIONAL UNIVERSITY

MEETING NOTICE

Ref. No. : MRIU/DSW/LS/16-17/04

Dated: 02.11.16


With reference to Strategic Perspective Plan for the year 2016-17, under Manav Rachna Life Skill Program a meeting has been planned on 04.11.16 at 2:30 PM. in the office of Students Welfare regarding an event on Quality Awareness Program. The aim of the program is to instigate amongst the students the significance of quality.

All are requested to make it convenient to attend the same.

1. Dr. Pushpa C. Tomar, Faculty Coordinator, FET
2. Dr. Arti Saxena, Faculty Coordinator, FFT
3. Mr. Nakshtra, Student Coordinator

Following Agenda Items will be discussed during the meeting:

- Agenda Item No 1: Poster Making Competition
Agenda Item No 2: Slogan Writing Competition
Agenda Item No 3: Short Write-up Competition


Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators





MANAV RACHNA INTERNATIONAL UNIVERSITY

Minutes of the Meeting

Ref. No. : MRIU/DSW/LS/16-17/05

Dated: 05.11.16

With reference to Ref. No. : MRIU/DSW/LS/16-17/04, Strategic Perspective Plan for the year 2016-17, a meeting was held under chairmanship of Mr. Rajender Arora, Program Coordinator on 04.11.16 at 2:30 p.m. in the office of Students Welfare. Quality Awareness Program was celebrated in order to inculcate the importance and significance of quality among students.

The following members attended the meeting:

1. Dr. Pushpa C. Tomar, Faculty Coordinator, FET
2. Dr. Arti Saxena, Faculty Coordinator, FFT
3. Mr. Nakshtra, Student Coordinator

For active participation the students should be given the opportunity to get registered and participate. All interested students can register themselves for the event.

Agenda Item No 1: Poster Making Competition

It provides students with an opportunity to learn by doing, in turn strengthening the learning.

Agenda Item No 2: Slogon Writing Competition

The Slogon writing is useful for exploring different ideas about conveying messages about the product, service or cause that it is representing.

Agenda Item No 3: Short Write-up Competition

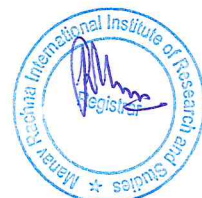
The write-up facilitates the students for creative thinking.



Mr. Rajender Arora
Program Coordinator

Copy to:

Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

NOTICE

Quality Awareness Program

Ref. No. : MRIU/DSW/LS/16-17/06

Date: 07.11.16

This is to notify that Quality Awareness Program has been planned during 11.11.16 to 12.11.16 under Manav Rachna Life Skill Program. The aim of the program is to provide awareness regarding quality education. Life skills education programs can also be effective in developing self-awareness and can help the participants to recognize when we are stressed or feel low.

Activities Planned	Faculty/Student Coordinator	Venue/Time
Poster Making Competition Slogan Writing Competition Short Write-up Competition	Dr. Pushpa C. Tomar Dr. Arti Saxena Mr. Nakshtra	Open Air Theatre 11:30 AM onwards

Interested students are requested to contact the undersigned at 9466239008 and register for the event by 10.11.16.



Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators





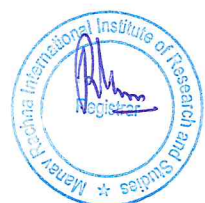
Manav Rachna International University

Quality awareness program

- Poster making competition
- Slogan writing competition
- Short write up competition

From 11th to 12th November 2016

MANAV RACHNA LIFE SKILL PROGRAM



Manav Rachna International University

To
The Dean Students Welfare
MRIU


Dated: 14.11.16

Subject: Report on Quality Awareness Program

A Quality Awareness Program was organised during 11.11.16 to 12.11.16 under Manav Rachna Life Skill Program. The program was organized in order to inculcate the importance and significance of quality among students.

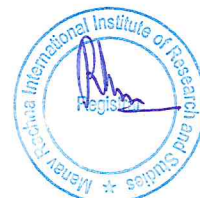
A detailed report along with photographs and attendance of students are attached for your kind reference and record. It is also submitted that the report has been shared to all the students and faculty members via emails.

Regards


Mr. Rajender Arora
Program Coordinator

Enclosures:

1. Detailed Report
2. Attendance



Manav Rachna International University
Report
on
Quality Awareness Program

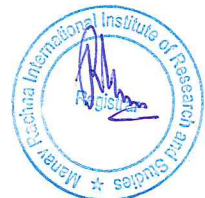
Total quality begins with a vision. It is an organization-wide effort with the proactive participation of all stakeholders for continuous improvement in products and processes. With respect to this, an array of competitions was started on Friday, 11 November 2016, as part of Quality Awareness Program which was celebrated to instigate amongst the students the significance of quality, and also to scavenge **unique perspectives** on “What does Quality mean to you?”

With a challenging and motivating theme, 58 students from different faculties of MRIU (FMS, FCA, FCBS, FET) participated in Poster Making, Slogan Writing, Short Write – Up and Best out of Waste competitions. The events were held at Manch Area, Behind T – Block from 11.30 A.M. to 2.30 P.M.

Ar. Rick De, Assistant Professor, FPA, judged the posters of the enthusiastic participants who presented their unique concepts on quality. Dr. Suresh Bedi, Dean – FCBS and Dr. R.K.Arya shared some knowledge on the topic. Prof. I.K. Kilam, DSW – MRIU, graced the occasion for encouraging the students in their activities of the day with a vote of thanks to all the participants for showing their undulated interests.

We thank Dr. N. C. Wadhwa, VC – MRIU and Dr. Suresh Bedi, Dean – FCBS for conceptualizing and approving this event.

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Quality Awareness Program



Quality Awareness Program

②

Signature





Quality Awareness Program-11th Nov. 2016



Quality Awareness Program - 11 Nov. 2016

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S. H. H.



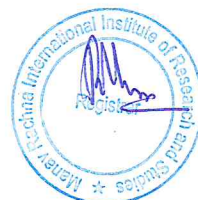
Attendance

Attendance of all the participants for the Event – Quality Awareness Program

S.No.	Name	Batch	Signature
1	MANISH KUMAR	2014	<i>Manish</i>
2	GARIMA SHARMA	2014	<i>Garima</i>
3	SHAMBHAVI MISHRA	2014	<i>Shambhavi</i>
4	HITESH GUPTA	2014	<i>Hitesh</i>
5	SAKSHI TANEJA	2014	<i>Sakshi</i>
6	PAWAN KUMAR BAGHEL	2014	<i>Pawan</i>
7	KAUSHAL PANDEY	2014	<i>Kaushal</i>
8	KRITIKA MAGGU	2014	<i>Kritika</i>
10	NEHA	2014	<i>Neha</i>
11	BHAVYA KHETERPAL	2014	<i>Bhavya</i>
12	MANISH KUMAR	2014	<i>Manish</i>
13	GARIMA SHARMA	2014	<i>Garima</i>
14	SHAMBHAVI MISHRA	2014	
15	PRAGATI KASHYAP	2015	<i>Pragati</i>
16	SHANIM TANWAR	2015	<i>Shanim</i>
17	SIMRAN GUPTA	2015	<i>Simran</i>
18	SANCHIT SOOD	2015	<i>Sanchit</i>
19	MANSI TALWAR	2015	<i>Mansi</i>
20	AYUSHI ARYA	2015	<i>Ayushi</i>
21	IPSITA DUTTA	2015	<i>Ipsita</i>
22	ABHISHEK YADAV	2015	<i>Abhishek</i>
23	JINIA YADAV	2015	<i>Jinia</i>

Abhishek
(4)

Jinia



24	KAJAL VARSHNEY	2015	Kajal
25	RITIKA GOEL	2015	Ritika Goel
26	DEBASHISH MOHANTA	2015	Debashaish
27	POONAM	2015	Poonam
28	YASHIKA YADAV	2015	Yashika
29	SARITA YADAV	2015	Sarita Yadav
30	HIMANI NEGI	2015	Himani
31	NISHA VERMA	2015	Nisha Verma
32	TWINKLE GUPTA	2015	Twinkle
33	KAJAL SINGLA	2015	Kajal
34	HIMANSHU ROHILLA	2015	Himanshu Rohilla
35	MAMTA	2015	Mamta
36	ABHISHEK KUMAR	2015	Abhishek
37	ANJALI SINGH	2015	Anjali
38	ABHINOBBARUAH	2015	Abhinob
39	DIVYANSH LANGOO	2015	Divyansh
40	AARTI ARORA	2015	Aarti
41	GURPREET SINGH KUKREJA	2015	Gurpreet
42	PRIYANKA CHAUHAN	2015	Priyanka
43	RAMA GORIYA	2015	Rama
44	ADITYA DHAND	2015	Aditya
45	HIMANSHI	2015	Himanshi
46	SACHIN GUPTA	2015	Sachin
47	AMITA YADAV	2015	Amit
48	SHIVANI BATHLA	2015	Shivani

Arshdeep

5

Shivani



49	WAALI AFAQ	2015	<u>Waali</u>
50	HARSH THUKRAL	2015	<u>Harsh</u>
51	SAHIL DANG	2015	<u>Sahil</u>
52	GOLDY	2015	<u>Goldy</u>
53	NEHA TUTEJA	2015	<u>Neha</u>
54	PALAK MANGLA	2015	<u>Palak</u>
55	POOJA SUTAR	2015	<u>Pooja</u>
56	PRATEEK KUMAR JHA	2015	<u>Prateek</u>
57	RAVNEET SINGH	2015	<u>Ravneet</u>
58	RITESH GOYAL	2015	<u>Ritesh</u>

Submitted By

Dr. Arti Saxena
Faculty Coordinator

Validated By

Mr. Rajender Arora
Program Coordinator

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Manav Rachna International University

Certificate of Participation

This is to certify that

has actively participated in the Event **Quality Awareness Program** under Manav Rachna Life Skill Program from 11.11.2016 to 12.11.2016.

Program Coordinator

Dean Students Welfare



MANAV RACHNA INTERNATIONAL UNIVERSITY

MEETING NOTICE

Ref. No. : MRIU/DSW/LS/16-17/01

Dated: 07.09.16

With reference to Strategic Perspective Plan for the year 2016-17, under Manav Rachna Life Skill Program a meeting has been planned on 08.09.16 at 12:30 p.m. in the office of Students Welfare for Training Session on Road Safety: Duty, Right and Responsibility. The student will understand the importance of rules and regulations related to road safety that will help them to implement the theoretical knowledge into day to day life.

All are requested to make it convenient to attend the same

1. Dr. Preeti Chhabra, Faculty Coordinator, FCH
2. Dr. Pooja Khurana, Faculty Coordinator, FET
3. Mr. Nakshtra, Student Coordinator


Following Agenda Items will be discussed during the meeting:

Agenda Item No 1: Awareness Session

The agenda of the meeting is regarding planning and execution of a Training Session on Road Safety. The aim of the session is to provide awareness of road safety rules and regulations.

Agenda Item No 2: Nukkad Natak

The second agenda is to plan Nukkad Natak related to road safety, which will reflect the advantages of road safety rules in saving lives.



Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

Minutes of the Meeting

Ref. No. : MRIU/DSW/LS/16-17/02

Dated: 09.09.16

With reference to Ref. No. : MRIU/DSW/LS/16-17/01, Strategic Perspective Plan for the year 2016-17, a meeting was held under chairmanship of Mr. Rajender Arora, Program Coordinator on 08.09.16 at 12:30 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Preeti Chhabra, Faculty Coordinator, FCH
2. Dr. Pooja Khurana, Faculty Coordinator, FET
3. Mr. Nakshtra, Student Coordinator

Following points were discussed in the meeting:

- Faculty members proposed the road map of the execution of the awareness session and speakers for the same has also been discussed.
- Student organising core committee has been formed and the Nukkad Natak team has also been finalized.
- Venue for Natak is also discussed and students have also been informed to start practicing.

Mr. Rajender Arora
Program Coordinator

Copy to:

Dean Students Welfare
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL UNIVERSITY

NOTICE

Training Session on Road Safety: Duty, Right and Responsibility

Ref. No. : MRIU/DSW/LS/16-17/03

Date: 09.09.16

This is to notify that Training Session on Road Safety: Duty, Right and Responsibility has been planned during 15.09.16 to 16.09.16 under Manav Rachna Life Skill Program. The aim of the program is to provide awareness regarding road safety guidelines, which will implement the theoretical knowledge into practical in student's day to day life. Successful participants will have requisite skills, knowledge and attitudes to train others on Road Safety.

Activities Planned	Faculty Coordinator	Venue
Awareness Session Nukkad Natak	Dr. Preeti Chhabra Dr. Pooja Khurana	A Block, Auditorium, 3 rd Floor

Interested students are requested to contact the Program Coordinator of the event at 9466239008 latest by 12.09.16.



Mr. Rajender Arora
Program Coordinator

Copy to:
Dean Students Welfare
Faculty Coordinators





Manav Rachna International University



TRAINING SESSION ON ROAD SAFETY

Duty, Right and Responsibility
15-16 SEPT 2016

• AWARENESS
SESSION

• NUKKAD
NATAK

MANAV RACHNA LIFE SKILL PROGRAM

A handwritten signature in black ink, appearing to read "S. K. Sharma".



Manav Rachna International University

To
The Dean Students Welfare
MRIU

Dated: 16.09.16

Subject: Training Session on Road Safety: Duty, Right and Responsibility

A Training Session on "Road Safety" was organised under Manav Rachna Life Skill Program. Seminar provides road safety information and awareness for road users. A Nukkad Natak was also performed in the auditorium in order to give live experience of the importance of road safety.

A detailed report along with photographs and attendance of students are attached for your kind reference and record. It is also submitted that the report has been shared to all the students and faculty members via e-mails.

Regards



Mr. Rajender Arora
Program Coordinator

Enclosures:

1. Detailed Report
2. Attendance



Manav Rachna International University
Report
on
Training Session on Road Safety: Duty, Right and Responsibility

In order to sensitize the students to various dos and don'ts of Traffic rules and regulations, A Training Session on Road Safety was organized in the A block Auditorium under Manav Rachna Life Skill program at 10.30 am. The event commenced with the lighting of the lamp by the present dignitaries and was compeered by student named Sonal Prasad, 3rd year, B. Tech, CSE, FET, MRIU. In the session 52 students actively participated out of which 12 were involved in Nukkad Natak.

Dr. N. C. Wadhwa, VC MRIU and Mr. R. K. Arora, Registrar, MRIU graced the occasion by their esteemed presence and presented their views about road. They emphasized on the new methods to stop road accidents and save lives. Few past experiences were also shared by them to enlighten the students about the need of following Road Safety Rules.

Dr. M. P. Singh, Nodal Officer, Road Safety enlightened the students about various traffic rules and how those rules are applicable to all the people on roads whether they are driving, walking, crossing or even are travelling in a public transport.

Dr. Jaswinder Kaur, Medical Office briefed the students about the first aid measures through a presentation that they should practice if they happen to come across any accident on roads so that they can take the victims to the hospital and their life can be saved.

A Nukkad Natak was performed by the students in order to make the everyone aware about the Road safety measures. Prof. I. K. Kilam, Dean Students Welfare thanked each and everyone present in the auditorium for their participation. He expressed his gratitude to Dr N.C. Wadhwa VC MRIU, Mr R.K. Arora, Registrar MRIU, Dr M.P. Singh and Dr Jaswinder Kaur for sparing their time and advising students on the vital aspects of 'Road Safety' and 'Emergency 1st Aid Measures'.



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Training Session on Road Safety -15th Sep. 2016



Training Session on Road Safety -15th Sep. 2016

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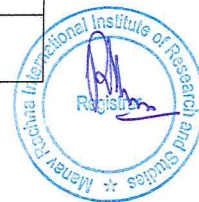
Attendance

Attendance of all the participants for the Event –Training Session on Road Safety: Duty, Right and Responsibility

S.No.	Name	Batch	Signature
1	P NANDHINI	2014	<i>Nandini</i>
2	KASHISH BAJAJ	2014	<i>Kashish</i>
3	GARIMA AHUJA	2014	<i>Garima</i>
4	AKASH	2014	<i>Akash</i>
5	TANYA KALRA	2014	<i>Tanya</i>
6	CHAHAT GOGIA	2014	<i>Chahat</i>
7	BEENA CHAUDHARY	2014	<i>Beena</i>
8	PRIYANKA AGGARWAL	2014	<i>Priyanka</i>
10	ANUJ NIGAM	2014	<i>Anuj</i>
11	HARISHA KOHLI	2014	<i>Harisha</i>
12	GARIMA DATTA	2014	<i>Garima</i>
13	SANGEETA CHAUHAN	2014	<i>Sangeeta</i>
14	MANISH KUMAR	2014	<i>Manish</i>
15	GARIMA SHARMA	2014	<i>Garima</i>
16	SHAMBHAVI MISHRA	2014	<i>Shambhavi</i>
17	HITESH GUPTA	2014	<i>Hitesh</i>
18	SAKSHI TANEJA	2014	<i>Sakshi</i>
19	PAWAN KUMAR BAGHEL	2014	<i>Pawan</i>
20	KAUSHAL PANDEY	2014	<i>Kaushal</i>
21	KRIKA MAGGU	2014	<i>Kritika</i>
22	NEHA	2014	<i>Neha</i>
23	BHAVYA KHETERPAL	2014	<i>Bhavya</i>

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24	KSHITJA SINGH TOMAR	2014	Kshitiya
25	ABHISHEK SHARMA	2015	Abhishek
26	ADITYA JAIN	2015	Aditya
27	AKSHAY SWARUP	2015	Akshay
28	ANISHA JAIN	2015	Anish
29	ANKIT YADAV	2015	Ankit
30	APOORVA MISHRA	2015	Apoorva
31	BABITA DEVI	2015	Babita
32	BARKHA GUPTA	2015	Barkha
33	CHHAVI GARG	2015	Chavi
34	DEEPAK BENIWAL	2015	Deepak
35	DURGESH KUMAR	2015	Durgesh
36	GOURAV JINDAL	2015	Gourav
37	HARDIK KATYAL	2015	Hardik
38	HARLEEN KAUR	2015	Harleen
39	HIMANI SHARMA	2015	Himani
40	HIMANSHU VIRMANI	2015	Himanshu
41	INDERJEET SINGH VIRK	2015	Inderjeet
42	KAVISH SHARMA	2015	Kavish
43	LAKSHAY NANDA	2015	Lakshay
44	LAVISHA DUA	2015	Lavisha
45	MANI JYOTI	2015	Mani
46	NANCY SETH	2015	Nancy
47	NEELKANTH AHUJA	2015	Neelkanth
48	NOVENA GUGLANI	2015	Novena
49	PULKIT ARORA	2015	Pulkit

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50	PUNEET VALECHA	2015	<i>Puneet</i>
51	AYUSHI BHATIA	2015	<i>Ayushi</i>
52	POORVA JAIRAMANI	2015	<i>PJairamani</i>

Submitted By

[Signature]
Dr. Preeti Chhabra
Faculty Coordinator

Validated By

[Signature]
Mr. Rajender Arora
Program Coordinator

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Manav Rachna International University

Certificate of Participation

This is to certify that

has actively participated in the Event **Training Session on Road Safety: Duty, Right and Responsibility** under Manav Rachna Life Skill Program from 15.09.2016 to 16.09.2016.

Program Coordinator

Dean students welfare