



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

List of programs conducted and the number of students enrolled for Life Skills during Year 2019-20

Name of the capacity development and skills enhancement schemes	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life Skills			
Workshop on One Week Celebration of World Environment Day	28-05-2020	20	Dr. Sonia Duggal, Clan Chief, Air Falcons
Workshop on Two weeks Yoga Training Program"	09-04-2020	20	Mr. Shishir Nigam, Clan Chief, Water Sharks
Workshop on One Week Awareness Program on Road Safety: Duty, Rights & Responsibility	12-02-2020	15	Dr. Sonia Duggal, Clan Chief, Air Falcons
Two Month -Mega Donation Program	02-12-2019	25	Mr. Shishir Nigam, Clan Chief, Water Sharks
Talk To Me: De-Stress Yourself	18-11-2019	25	Dr. Sonia Duggal, Clan Chief, Air Falcons
Technical Workshop on Vehicle Maintenance and Management	09-10-2019	25	Dr. Sonia Duggal, Clan Chief, Air Falcons
Awareness Program on Environment Sensitization: Open Defecation	04-10-2019	60	Mr. Shishir Nigam, Clan Chief, Water Sharks
One Week Counselling Program-Parvarish	19-09-2019	30	Dr. Sonia Duggal, Clan Chief, Air Falcons
Consciousness Program on Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji	09-08-2019	50	Mr. Shishir Nigam, Clan Chief, Water Sharks



Name of the capacity development and skills enhancement schemes	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Awareness Programs on Water Conservation	01-08-2019	60	Mr. Shishir Nigam, Clan Chief, Water Sharks
Three Month Program on One Student One Tree: Environmental Responsibility	01-07-2019	70	Dr. Kalpana Varshney, Clan Chief, Forest Rhino
Online Yoga Challenge - Different Yoga Poses Competition	18-06-2020	8	Mr. Gurpreet Singh, Assitant Professor, Automobile Engineering
Webinar: Covid 19- Treatment and Therapies	19-06-2020	64	Dr. Bhavana Muralidharan, Assistant Investigator, DBT/wellcome India Alliance Intermediate fellow, Institute for Stem Cell Science and Regenerative Medicine GVK Campus, Bengaluru
Workshop on " Diet Basis for life after Covid-19"	02-06-2020	66	Dr. Ved Ayurvedic Medicine expert-Meerut
International Yoga Day Celebration	21-06-2020	21	Hastmudras Wellness Yoga & Astro Educator
Poster Making competition: Life During lockdown	30-06-2020	41	Dr. Tripti Tyagi, Assistant Professor, Department of English
Group Discussion on Corona Virus	19-02-2020	18	Dr. Jayashree Hazarika, Assistant Professor
International Webinar- The Business of E-Sports	24-04-2020	32	Mr Loknath Char; Sports Business Strategist and Consultant
Importance of Sports	28-02-2020	42	Ms. Ridhi Khatter, Assistant Professor, Faculty of Management & Studies
Awareness on The Role of Yoga in Enhancing Immunity in times of COVID-19	20-06-2020	40	Department of Journalism & Mass Communication



Name of the capacity development and skills enhancement schemes	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Strength Training for Endurance	20-08-2019	77	Dr. Manoranjan Nayak, Senior Consultant at Omega Hospital, Faridabad
Guest Lecture on "Lifestyle Diseases"	02-09-2019	182	Dr. Madhvi Awasthi, Assistant Professor, Department of Nutrition & Dietetics
Labored Breathing to Ease Breathing: Journey of COVID 19 Patients with Pysiotherapy Treatment	20-06-2020	115	Dr. Preeti Saini, Assistant Professor, Department of Physiotherapy
Impact of COVID 19 on Mental Health	27-05-2020	140	Dr. Priyanka Sethi, Assistant Professor, Department of Physiotherapy

Keeping in view a very big volume of documents only samples have been provided, however other documents can also be provided, if required.



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/44

Dated: 01.05.2020

With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program an online meeting has been planned on 08.05.2020 at 12:00 p.m. for the event "Workshop on One Week Celebration of World Environment Day" from 28.05.20 to 05.06.2020 to discuss and plan the activities for the event.

Online link was shared to the members

1. Mr. Ram Pravesh, Faculty Coordinator
2. Dr. Pooja Khurana, Faculty Coordinator
3. Ms Anjali Baisla, Student Coordinator
4. Ms. Priya Singh, Student Coordinator
5. Mr. Shubham Satish, Student Coordinator
6. Mr Rajeev Chaddha, Student Coordinator

Agenda Item 1: Workshop on One Week Celebration of World Environment Day

In order to make students aware about importance of preserving environmental elements by organizing various activities on the occasion of World Environment Day, a workshop shall be organized. Poetry/Blog and Slogan Writing Competitions can be organized for raising awareness on Single use Plastics.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/45

Dated: 11.05.2020

With reference to Ref. No.: MRIIRS/CLAN/LS/19-20/44, dated 01.05.20, an online meeting was held under the Chairmanship of Dr. Sonia Duggal, Clan Chief, Air Falcons on 08.05.20 at 12:00 p.m.

The following members attended the meeting:

1. Mr. Ram Parvesh, Faculty Coordinator
2. Dr. Pooja Khurana, Faculty Coordinator
3. Ms Anjali Baisla, Student Coordinator
4. Ms. Priya Singh, Student Coordinator
5. Mr. Shubham Satish, Student Coordinator
6. Mr Rajeev Chaddha, Student Coordinator

Detailed discussions and deliberations were held and the following activities were proposed by the Coordinators.

Agenda Item No.1: Discussion on Events to be planned for Celebrating World Environment Day

On the occasion of World Environment Day, a full one-week celebration dedicated towards environmental activities was suggested. In order to make students aware about importance of preserving environmental elements by organizing various activities like Poetry/Blog and Slogan Writing should be organized and thus raising awareness on Single use Plastics on the occasion of World Environment Day, a workshop will be organized..

It was suggested that for active and maximum participation of the students, all interested students can register themselves for the event with their respective Clans.

At the end of the meeting, Clan Chief and Vice Chief thanked all the members for their valuable suggestions and inputs.



Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Vice Clan Chief, Air Falcons
Faculty Coordinators





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Workshop on One Week Celebration of World Environment Day

28 May - 5 June, 2020

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MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
Dean Students Welfare
MRIIRS

Dated: 06.06.20

Subject: Report on "Workshop on One Week Celebration of World Environment Day"

With Reference to Strategic Perspective Planning of Life Skill, an online event with Ref. No.: MRIIRS/CLAN/LS/19-20/44 was planned during 28.05.20 to 05.06.20.

A detailed report along with attendance of participants is attached herewith for your kind reference and information. It is also submitted that report has been shared by all students and faculty members through social media and emails.

Regards


Dr. Sonia Duggal
Clan Chief, Air Falcons

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report on Workshop on One Week Celebration of World Environment Day

Over 100 countries around the world are celebrating World Environment Day (WED), June 5, raising awareness about the importance of protecting planet Earth and Mother Nature. Students of Manav Rachna organized various events spread across a week to sensitize students towards nature under Manav Rachna Life Skill program. On this occasion of world Environment Day, a Competition on "Poetry/Blog and Slogan Writing (in the form of posters)" with theme- Eco Next Talent Hunt for Eco Smart Youth was organized, the theme encourages the youth to take action upon Eco-media, eco-innovation, etc. The main aim was to inspire and nurture the Eco Intelligent youth.

Entries were supposed to be posted on the Instagram page of all the clans. All the participants were good and participated with full vigor. Out of 45 entries 9 were selected by the team and were posted on Instagram. The winners were purely based on the points they get through the no. of likes and comments.

Mother Nature has always been kind to us and now it is time to return all the favors by showing a responsible attitude towards the environment. Students also took a pledge to make a cleaner, greener environment by an awareness Program inspiring everyone to "SAY NO TO SINGLE USE PLASTIC". Students joined hands to save our beautiful planet as there is no other place in the universe so beautiful, so vibrant and so lively and pledged to be more responsible.

Anu





Workshop on One Week Celebration of World Environment Day - 28.05.20 to 05.06.2020

NEED FOR CONSERVATION OF BIODIVERSITY

Biodiversity .
 The wonderful gift by the Almighty !
 Most amazing lineaments of unique earth
 Includes variety of plants and animals ,
 And species of different varieties .
 Though the gift has now become a major concern .

Wildlife maintains the ecological balance .
 It is the recreational and aesthetic value .
 Interaction between all the biotic components ,
 is the must for the ecological balance .
 As there is an absolute need to assist nature ,
 By helping it gain it's lost delicacy .

Rapid population growth and demands of man ,
 Expansion of industrial and agricultural land .
 Have led to the extinction of species
 Land degradation and deforestation
 The major issue of thinning of forest land ,
 That leads to global warming .
 As life inside all living been are same and divine .
 So nature can be good friend to us .
 One must learn to serve one's surrounding
 By destroying nature ,
 We will be wiping ourselves off the planet earth .
 Therefore , conserving of biodiversity is must .

Workshop on One Week Celebration of World Environment Day - 28.05.20 to 05.06.2020

Anis



WORLD ENVIRONMENT DAY - 2020

THE ENVIRONMENT IS AN ULTIMATE TREASURE WE OWN. AND WE HUMAN BEINGS HAVE ENDED UP TREATING IT RECKLESSLY. ACCORDING TO THE WORLD HEALTH ORGANIZATION, 9 OUT OF 10 PEOPLE WORLDWIDE ARE EXPOSED TO LEVELS OF AIR POLLUTANTS THAT EXCEED SAFE LEVELS.

CLAN WATER SHARK IN ASSOCIATION WITH THE DEPARTMENT OF SCIENCE AND TECHNOLOGY AND NCSTC FOLLOWED BY THE DEPARTMENT OF STUDENT WELFARE OF MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH & STUDIES ORGANISED AN ONLINE ECO NEXT TALENT HUNT FOR THE ECOSMART YOUTH.

FROM 45 ENTRIES ONLY 9 ENTRIES WERE FEATURED ON OUR INSTAGRAM PAGE FOR THE FINAL ROUND.
WE ARE GLAD TO ANNOUNCE 2 WINNERS AND 1 SPECIAL MENTION.



EARTH PROVIDES ENOUGH TO SATISFY EVERY MAN'S NEEDS,
BUT NOT EVERY MAN'S GREED. — MAHATMA GANDHI



Workshop on One Week Celebration of World Environment Day - 28.05.20 to 05.06.2020

Janie



Attendance

Attendance of all the participants for Workshop on One Week Celebration of World's Environment Day.

S.No.	Name	Batch	Signature
1	SHALINI SINDHANI	2018	<i>Shalini</i>
2	ADITYA	2018	<i>Adi</i>
3	SHUBHAM SHARMA	2018	<i>Shubham</i>
4	NEHA	2018	<i>Neha</i>
5	SUNIT BASAK	2018	<i>Sunit</i>
6	HARSHIT VAISH	2018	<i>Harshit</i>
7	KASIF JILANI	2019	<i>Kasif</i>
8	VIMANYU CHHABRA	2019	<i>Vimanyu</i>
9	SAMRIDHI MEHTA	2019	<i>Samridhi</i>
10	DIVYA SAINI	2019	<i>Divya</i>
11	DEVENDER SHARMA	2019	<i>D. Sharma</i>
12	ANANYA RAJAWAT	2019	<i>Ananya</i>
13	RITIKA JASROTIA	2019	<i>Ritika</i>
14	ISHITA YADAV	2019	<i>Ishta</i>
15	HEMANG KAPOOR	2019	<i>Hemang</i>
16	ARTI DUBEY	2019	<i>Arti</i>
17	DISHA BERA	2019	<i>Disha</i>
18	BHAVISH SHARMA	2019	<i>Bhavish</i>
19	ASIMUL HAQUE	2019	<i>Asimul</i>
20	KARTIK BHADU	2019	<i>Kartik</i>

Submitted By
Mr. Ram Pravesh
Faculty Coordinator

Validated By
Dr. Sonia Duggal
Clan Chief, Air Falcons





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

has actively participated in the event **Workshop on One Week Celebration of World Environment Day** held from 28.05.20 to 05.06.2020.

Clan Chief / Clan Vice Chief

Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

ONLINE MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/42

Dated: 23.03.2020


With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program an online meeting has been planned on 30.03.2020 at 12:00 p.m. for the event "Workshop on Two weeks Yoga Training Program" from 09.04.20 to 30.04.2020

Online Link was shared to all members via Emails:

1. Dr. Anupama Pankaj, Faculty Coordinator
2. Mr. Arun, Faculty Coordinator
3. Mr. Shubham Satish, Clan Student Coordinator
4. Ms. Anjali Baisla, Clan Student Coordinator
5. Ms. Priya Singh, Clan Student Coordinator

Agenda Item No 1: Discussion and Planning on Yoga training Program

To enable students to have good health, practice mental hygiene and to integrate moral values a "Two Week Workshop on Yoga Training Program" is being planned. In depth training starting from basics of yoga to the highest level of meditation shall be covered. The main motto should be to synergise the ecosystem for the all-round development of students and maximum participation.


Dr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Faculty Coordinators
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of Online Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/43

Dated: 30.03.2020

With reference to Reference No: MRIIRS/CLAN/LS/19-20/42, dated 23.03.20, an online meeting was held under the Chairmanship of Clan Chief Water Sharks, Dr. Shishir Nigam on 30.03.2020 at 12:00 p.m. in the office of Students Welfare.

The following members attended the online meeting:

1. Dr. Anupama Pankaj, Faculty Coordinator
2. Mr. Arun, Faculty Coordinator
3. Mr. Shubham Satish, Clan Student Coordinator
4. Ms. Anjali Baisla, Clan Student Coordinator
5. Ms. Priya Singh, Clan Student Coordinator

Following points were discussed:

Agenda Item No.1: Discussion and Planning on Yoga training Program

The aim of these yoga sessions is to spread awareness about the importance of physical and mental fitness in this pandemic situation, Covid-19. The classes will be conducted by Dharna Arya, member of student council, Water Sharks, MRIIRS.

At the end of the meeting, Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.

Dr. Shishir Nigam
Clan Chief, Water Sharks

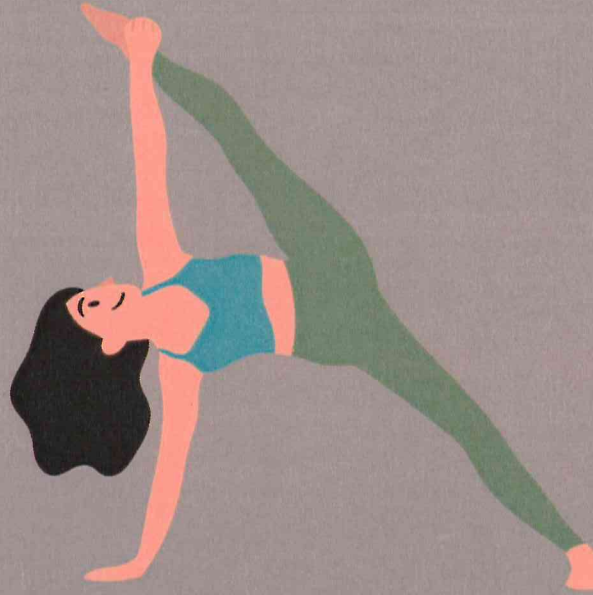
Copy to:
Dean Student Welfare
Faculty Coordinators





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Workshop on Two weeks Yoga Training Program"

9 April - 30 April,2020



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
Dean Student Welfare
MRIIRS

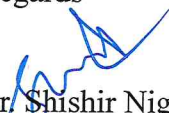
Dated: 04.05.2020

Subject: Report on “Workshop on Two weeks Yoga Training Program”

With Reference to Strategic Perspective Planning of Life Skills Program, an event with Ref. No.: MRIIRS/CLAN/LS/19-20/42 was planned from 09.04.2020 to 30.04.2020. The aim of these yoga sessions was to spread awareness about the importance of physical and mental fitness in this pandemic situation, Covid-19. 20 students actively participated in the workshop.

A detailed report along with attendance of participants is attached herewith for your kind reference and information. It is also submitted that report has been shared by all students and faculty members through social media and emails.

Regards


Dr. Shishir Nigam
Clan Chief, Water Sharks

Enclosures:

1. Detailed Report
2. Attendance

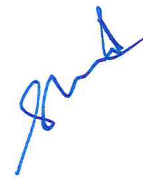


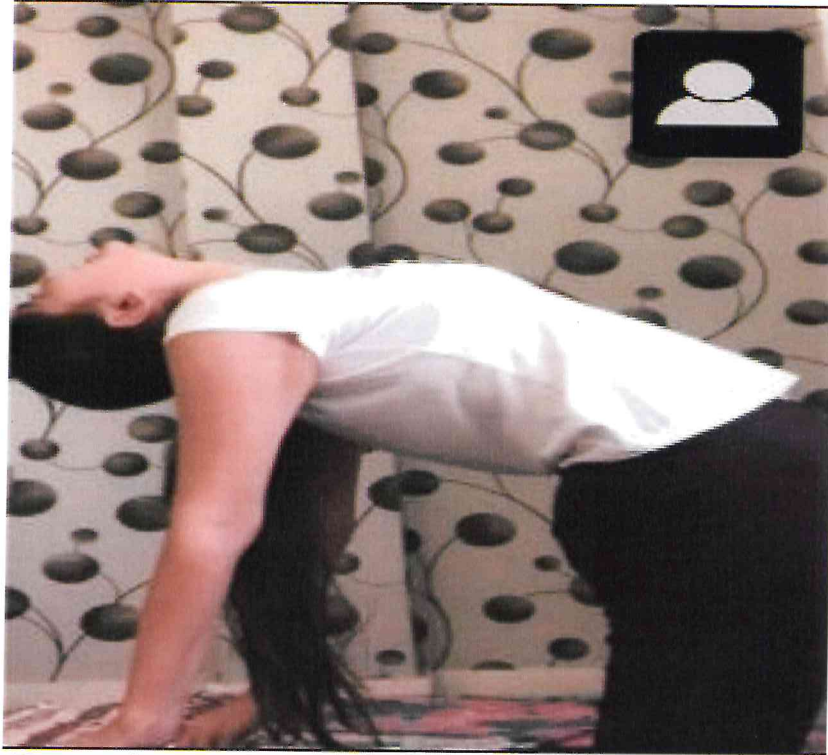
MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report On Workshop on Two Weeks Yoga Training Program

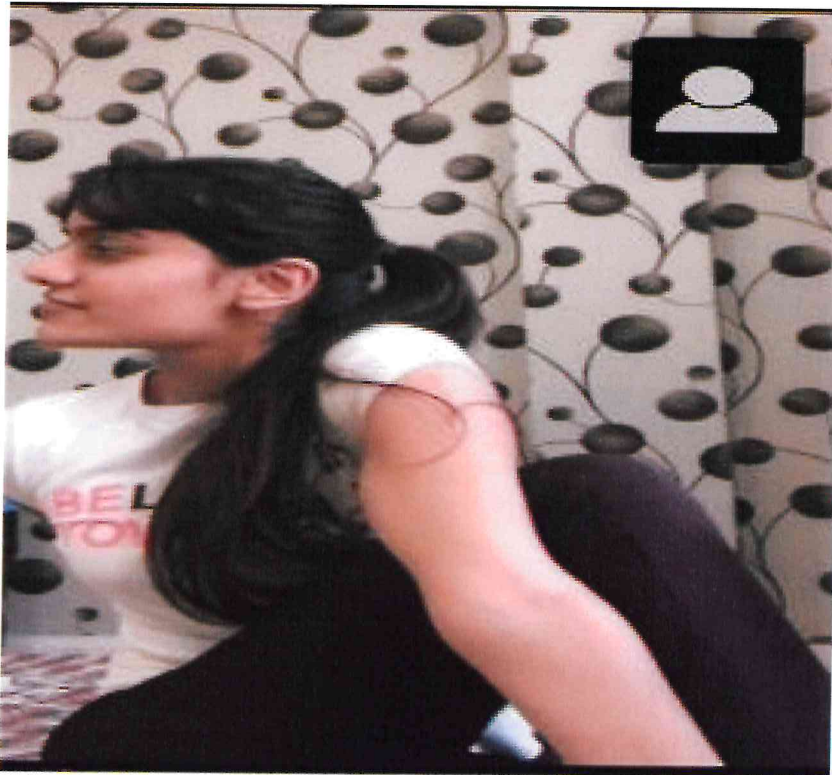
Under Manav Rachna Lifeskill program, an online event “Workshop on Two Weeks Yoga Training Program” was planned during 09.04.21 to 30.04.21 with the aim to spread awareness about the importance of physical and mental fitness in this pandemic situation, Covid-19. The classes were conducted by Dharna Arya, member of student council, Water Sharks, MRIIRS. These classes included meditation, warm up exercises, stretching & strength-based exercises. Yoga postures like Bhujang Asana, Chakra Asana, Setuband Asana were also performed during the yoga sessions and different types of Pranayam like Kapalbathi, Anulom Vilom, Sheetal Pranayams were practiced to incur the respiratory capacity of our lungs. 20 students were benefitted from this yoga workshop.

Initially these yoga sessions were based on the importance of yoga in one’s overall well being. As we all know that only physical fitness is not necessary but mental fitness is also required to stay calm and positive in such pandemic situations like this Covid-19. These classes were successfully conducted and many students and faculty members actively participated in these classes and they themselves felt more-energetic and fresh after taking these yoga sessions. In depth training starting from basics of yoga to the highest level of meditation shall be covered. To synergise the ecosystem for the all-round development of students should be done.





Two weeks Yoga Training Program, 09.04.2020 to 30.04.2020





Two weeks Yoga Training Program - 09.04.2020 to 30.04.2020



Attendance

Attendance of all the participants for "Workshop on Two weeks Yoga Training Program"

S.No.	Name	Batch	Signature
1	ADARSH TRIVEDI	2017	
2	CHINMAYA MADAN	2017	
3	BHUVAM MARWAH	2017	
4	PULKIT SHARMA	2017	
5	MUKUND SAROCH	2017	
6	ISHITA GUPTA	2018	
7	RAHUL TYAGI	2018	
8	PUSHKAR ANEJA	2018	
9	SHUBH GAUR	2018	
10	SHALINI SINDHANI	2018	
11	ADITYA	2018	
12	SHUBHAM SHARMA	2018	
13	NEHA	2018	
14	SUNIT BASAK	2018	
15	HARSHIT VAISH	2018	
16	NISHIT HANDA	2018	
17	TIMANSHI BHARDWAJ	2018	
18	PUNEET SONI	2018	
19	IMROZ ASHRAF	2018	
20	VAIBHAV L TEMBHEKAR	2018	

Submitted by
Mr. Arun
Faculty Coordinator

Validated by
Dr. Shishir Nigam
Clan Chief, Water Sharks





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

_____ has actively participated in the Event **Workshop on Two weeks Yoga Training Program** held from 09.04.20 to 30.04.2020.

_____ Clan Chief / Clan Vice Chief

_____ Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/39

Dated: 27.01.2020

With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 31.01.2020 at 12:00 p.m. in the office of Students Welfare for the event "One Week Awareness Program on Road Safety: Duty, Rights and Responsibility: Duty, Rights and Responsibility".

All are requested to make it convenient to attend the same

1. Dr. Anupama Pankaj, Faculty Coordinator
2. Mr. Arun , Faculty Coordinator
3. Mr. Shubham Satish, Clan Student Coordinator
4. Ms. Anjali Baisla, Clan Student Coordinator
5. Ms. Priya Singh, Clan Student Coordinator

Agenda Item No 1: Road Safety and Rules

All the students and staff must be trained on the basic road safety rules and regulations. For improving the driving skills and how to keep the students safe on road, an event for awareness Drive must be planned.



Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/40

Dated: 03.02.2020

With reference to Ref: MRIIRS/CLAN/LS/19-20/39, dated 27.01.2020, a meeting was held under the Chairmanship of Clan Chief Air Falcons, Dr. Sonia Duggal on 31.01.2020 at 12:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Anupama Pankaj, Faculty Coordinator
2. Mr. Arun , Faculty Coordinator
3. Mr. Shubham Satish, Clan Student Coordinator
4. Ms. Anjali Baisla, Clan Student Coordinator
5. Ms. Priya Singh, Clan Student Coordinator

Agenda Item No.1: Awareness Programme on Road Safety

A planning is done to inform and train students about the road safety and the rules to be followed on road through a One Week Program on Road Safety, so as to control accidents and awareness about driving.

For active participation the students should be given the opportunity to get registered and participate. All interested students can register themselves for the event with their respective Clans.

At the end of the meeting, Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Vice Clan Chief, Air Falcons
Faculty Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

One Week Awareness Program on Road Safety: Duty, Rights and Responsibility

Ref. No.: MRIIRS/CLAN/LS/19-20/41

Date: 03.02.20

Road traffic safety refers to the methods and measures used to prevent road users from being killed or seriously injured. This is to notify that the following event has been planned under Manav Rachna Life Skill Program, keeping in view the importance of creating awareness about the road safety.

Activities Planned	Faculty Coordinator	Dates
Workshop on road safety	Dr. Anupama Pankaj	12.02.2020 – 18.02.2020

Interested students are requested to contact the Coordinators of the event at 9810283542 latest by 10.02.20.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to
Dean Students Welfare
Notice Board





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Workshop on One Week Awareness Program on Road Safety: Duty, Rights and Responsibility

12 February - 18 February, 2020

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MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
Dean Students Welfare
MRIIRS

Dated: 19.02.2020

Subject: Report on “One Week Awareness Program on Road Safety: Duty, Rights and Responsibility”

With Reference to Strategic Perspective Planning of Manav Rachna Life Skill Program, an event with reference number Ref: MRIIRS/CLAN/LS/19-20/39 was planned. RIDE SAFELY WITH YOUR VALENTINE - a memorable safe ride with your valentine. More than 100 students took the pledge to follow rules and regulations of road safety and 15 students took part actively in the activities conducted during this workshop. Roads are not meant for racing only, the utmost needs to safeguard the interest of all who are using it for commuting should be kept in mind, transport as a medium should not be responsible for damaging the interest of others as well as own. In this regard One Week Awareness program on Road Safety was initiated with the following small but firm steps in this direction and 15 students registered for the same.

Regards


Dr. Sonia Duggal
Clan Chief, Air Falcons

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report On

One Week Awareness Program on Road Safety: Duty, Rights and Responsibility

Under Manav Rachna Life Skill Program, One Week Awareness Program on Road Safety: Duty, Rights and during 12.02.20-18.02.20. All the four Clans of Manav Rachna Institute of Research and Studies (MRIIRS) organized a Road Safety Campaign "RIDE SAFELY WITH YOUR VALENTINE" Ride for "spreading awareness of road safety" i.e., people you love: your family and friends, in association with other clans, Department of Student Welfare, Regional Transport Authority and Road Safety Omni Foundation Faridabad.

The two-wheeler rally within the campus was organized wherein both the rider and pallion were wearing helmets to promote safe driving amongst students. SHO Dinesh and Traffic Tauji graced the occasion and guided students about Motor Vehicle Act 2019 and importance of wearing a helmet and seat belt while driving. They also talked about the fourth eye and how every citizen should behave responsibly on the road. All the registered students attended few sessions with experts further to spread awareness amongst their peer groups.

Dr. M.K.Soni, Pro Vice Chancellor and Dean Students Welfare, Dr. H.C. Rai, Dean FET, Mr. Satish Arora, Chief Vigilance Officer along with other dignitaries flagged off the rally. Many faculty members came forward to participate and motivated students for participation.

SHO Dinesh talked very highly about Manav Rachna Educational Institutions and the intent to transform and educate students for all round development. After the completion of the Event, the participants were given certificates of appreciation and motivated further for future actions in this regard.

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One Week Awareness Program on Road Safety: Duty, Rights and Responsibility: Duty, Rights and Responsibility – 12th to 18th February, 2020



One Week Awareness Program on Road Safety: Duty, Rights and Responsibility: Duty, Rights and Responsibility – 12th to 18th February, 2020



One Week Awareness Program on Road Safety: Duty, Rights and Responsibility: Duty, Rights and Responsibility – 12th to 18th February, 2020

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One Week Awareness Program on Road Safety: Duty, Rights and Responsibility – 12th to 18th February, 2020



One Week Awareness Program on Road Safety: Duty, Rights and Responsibility – 12th to 18th February, 2020

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One Week Awareness Program on Road Safety: Duty, Rights and Responsibility – 12th to 18th February, 2020



One Week Awareness Program on Road Safety: Duty, Rights and Responsibility – 12th to 18th February, 2020

Janis



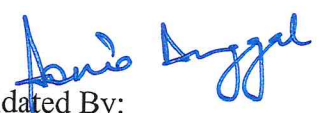
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Attendance

Attendance of all the participants for "Workshop on One Week Awareness Program on Road Safety: Duty, Rights and Responsibility: Duty, Rights and Responsibility"

S.No.	Name	Batch	Signature
1	SHUBHAM JAIN	2017	
2	GARIMA SINGH	2017	
3	VIPUL MADAN	2017	
4	ADARSH TRIVEDI	2017	
5	CHINMAYA MADAN	2017	
6	BHUVAM MARWAH	2017	
7	PULKIT SHARMA	2017	
8	HIMANSHU THAKUR	2017	
9	DISHA PAHUJA	2018	
10	HARSHIT VAISH	2018	
11	ANURAG TIWARI	2018	
12	LOVE KAUSHIK	2018	
13	PRABHNEET SINGH	2018	
14	RASHI AGGARWAL	2018	
15	ABHISHEK	2018	

Submitted By:
Dr. Anupama Pankaj
Faculty Coordinator


Validated By:
Dr. Sonia Duggal
Clan Chief, Air Falcons





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

_____ has actively participated in the Event **Workshop on One Week Awareness Program on Road Safety: Duty, Rights and Responsibility** held from 12.02.2020 to 18.02.2020.

Clan Chief / Clan Vice Chief

Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/36

Dated: 01.11.19


With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program, a meeting has been planned on 06.11.2019 at 2:30 p.m. in the office of Students Welfare for the event "Two Month-Mega Donation Program" planned during 02.12.19-03.02.20.

All are requested to make it convenient to attend the same:

1. Dr. Charu Virmani, Faculty Coordinator
2. Dr. Farhat Mohsin, Faculty Coordinator
3. Dr. Kalpana Varshney, Faculty Coordinator
4. Ms. Satrupa, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Discussion on Two Month Mega Donation Program

Providing the basic necessary items to the needy, will be the main aim of the Program. All necessary items ranging from winter clothes, shoes, bags, books and stationary items should be collected. A visit to the adopted Villages along with students should be arranged to imbibe the feeling towards serving the society and humanity. Winters in north are life threatening so this mega Program will help in this direction.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Faculty Coordinators
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/37

Dated: 07.11.19

With reference to meeting reference no: MRIIRS/CLAN/LS/19-20/36, 01.11.2019, a meeting was held under the Chairmanship of Clan Chief, Water Sharks, Mr. Shishir Nigam on 06.11.2019 at 2:30 p.m. in the office of Students Welfare.


The following members attended the meeting:

1. Dr. Charu Virmani, Faculty Coordinator
2. Dr. Farhat Mohsin, Faculty Coordinator
3. Dr. Kalpana Varshney, Faculty Coordinator
4. Ms. Satrupa, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Discussion on Two Month Mega Donation Program

Planning is done to provide basic necessary items to the needy. An endeavor towards serving the society and humanity is discussed. Mega Program will help to save poor from extensive winters in North. The purpose is to inculcate the feeling of sharing and caring amongst students.

Members present had shown concern and shared their ideas to make these planned events successful by distributing saplings, an **initiative towards green environment**. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:

Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Two Month -Mega Donation Program

Ref. No.: MRIIRS/CLAN/LS/19-20/38


Date: 07.11.2019

A donation is a gift for charity, humanitarian aid, or to benefit a cause. It may take various forms, including money, alms, services, or goods such as clothing, toys, food, or vehicles. It may also satisfy medical needs such as blood or organs for transplant. This is to notify that the event Two Month -Mega Donation Program, has been planned from 02.12.2019 to 03.02.2020 at A-block auditorium under **Life Skills** of MRIIRS, keeping in view the importance of food, shelter and clothing. Winters are approaching and in this direction we should be distributing the needy students the cloths and belongings which they might find useful in tackling winters.

Activities Planned	Faculty Coordinator
Two Month -Mega Donation Program	Dr. Charu Virmani

Interested students are requested to contact the Coordinator of the event at 9818161377 latest by 30.11.20.

Copy to:
Student Notice Board
Dean Students Welfare


Mr. Shishir Nigam
Clan Chief, Water Sharks





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM

MEGA DONATION

Two Month -Mega Donation Program

2 December,2019 - 3 February,2020



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
The Dean Students Welfare
MRIIRS


Dated: 10.02.20

Subject: Report on "Two Month -Mega Donation Program"

With reference to the Strategic Perspective Plan of Students Welfare under Manav Rachna Life Skill Program, Two Month -Mega Donation Program is organized. 25 students participated in this event.

A detailed Report along with Attendance of students is attached for your kind reference and record.

Regards


Mr. Shishir Nigam
Clan Chief, Water Sharks

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report

On

Two Month-Mega Donation Program

Under Manav Rachna Life Skill Program, Two Month-Mega Donation Program was planned in association with Dr. O. P. Bhalla Foundation as UBA initiative during 02.12.19-03.02.20. A mega distribution Program of winter clothes was conducted at Government Senior Secondary School, Panhera Khurd on 11.12.19. The team was warmly welcomed by the School principal, head faculty member Gopal Ji, staff members, Sarpanch and various dignitaries of the Village. The volunteers as well were received benevolently. A set of warm pants/skirt, full sleeves shirt, 2 pair of socks and a tie were given to 515 students at the school. On the same pretext, another donation Program was conducted on 2nd January 2020. Approximately 500 various subject books class wise were also distributed amongst the students. A total of 310 books for the teachers related to pedagogy etc were donated at the school library. The students were also given vocabulary building CDs. The children were very happy to receive the items.

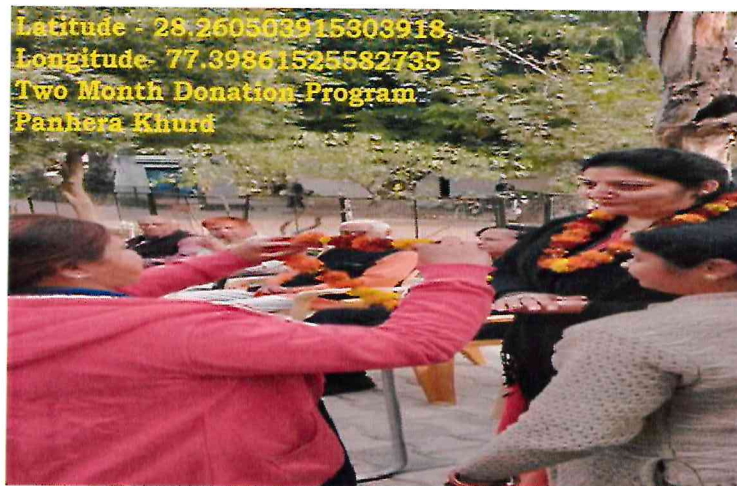
On 3rd February 2020, another visit to Panhera Khurd government school was organized. Children were addressed by the eminent dignitaries on Swacchta and Environment Care, the importance of water conservation and the hygiene education that encourages the development of healthy behaviors of life. Saplings were also distributed on this occasion to village surpach. There was emphasis on Reduce, Reuse and Recycle of products and many bags and books were distributed.

A heartfelt gratitude was extended to honorable D.G. Dr. N. C. Wadhwa sir, Mr. Shishir Nigam and the team of Dr. O. P. Bhalla Foundation for their continuous support by the management of school.





Two Month Mega Donation Program , Haryana



Two Month Mega Donation Program , Haryana

Prashant





Two Month Mega Donation Program , Haryana



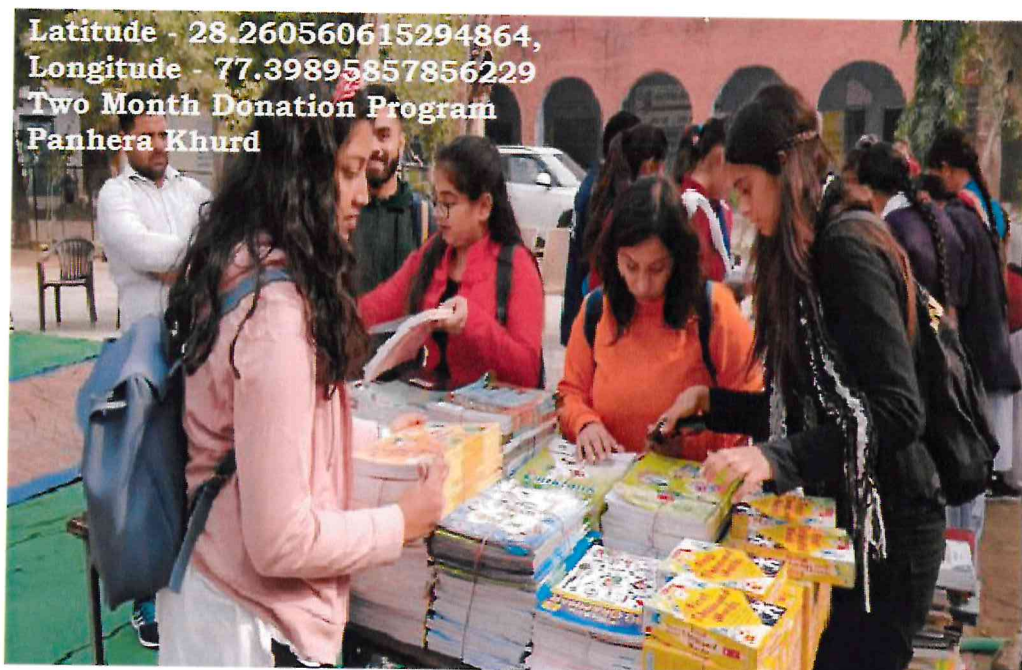
Two Month Mega Donation Program , Haryana

Signature





Two Month Mega Donation Program , Haryana



Two Month Mega Donation Program , Haryana

Anish



Attendance

Attendance of all the participants for Two Month Mega Donation Program

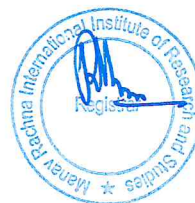
S.No.	Name	Batch	Signature
1	SATYADEV YADAV	2016	<i>Satyadev yadav</i>
2	VIKRAMA SINGH	2016	<i>Vikram Singh</i>
3	RAJ KUMAR BHATI	2016	<i>Raj</i>
4	CHITRARTH MADAN	2017	<i>Chitrarth</i>
5	AKASH SUNEJA	2017	<i>Akash</i>
6	SHUBHAM BHARGAVA	2017	<i>Shubham</i>
7	ARYAN BHATIA	2017	<i>Aryan</i>
8	DAKSH CHOUDHARY	2017	<i>Daksh</i>
9	SOLOMON S JOSEPH	2017	<i>Solomon</i>
10	SAKSHI	2018	<i>Sakshi</i>
11	DEVANSHU RANA	2018	<i>Devanshu</i>
12	MUKUL KUMAR	2018	<i>Mukul</i>
13	SHERWIN DAVIS	2018	<i>Sherwin</i>
14	CHALSI SHARMA	2018	<i>Chalsi</i>
15	RITIKA NIRWAN	2018	<i>Ritika</i>
16	ASHUTOSH SHARMA	2018	<i>Ashutosh</i>
17	UDAY SINGH CHAUHAN	2018	<i>Uday</i>
18	SATISH MAURYA	2018	<i>Satish</i>
19	RISHIKA ARORA	2018	<i>Rishika</i>
20	ISHITA GUPTA	2018	<i>Shikha Gupta</i>
21	RAHUL TYAGI	2018	<i>Rahul</i>
22	PUSHKAR ANEJA	2018	<i>Pushkar</i>
23	SHUBH GAUR	2018	<i>Shubh</i>
24	SHALINI SINDHANI	2018	<i>Shalini</i>
25	ADITYA	2018	<i>Aditya</i>

Kalpna

Submitted by:
Dr. Kalpna Varshney
Faculty Coordinator

Shishir

Validated by:
Mr. Shishir Nigam
Clan Chief, Water Sharks





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that _____

has actively participated in the **Event Two Month -Mega Donation Program** held from 02.12.2019 to 03.02.2020.

Clan Chief / Clan Vice Chief

Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/33

Dated: 21.10.19


With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 25.10.19 at 3:30 p.m. in the office of Student Welfare for the event "Talk To Me: De-Stress Yourself".

All are requested to make it convenient to attend the same

1. Dr. Arti Saxena, Faculty Coordinator
2. Dr. Farhat Mohsin, Faculty Coordinator
3. Ms. Satrupa, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Discussion on planning for counseling session for students

Lot many students are stressed because of multiple reasons and don't have anyone to talk to or take counseling from. A session is the need of the hour to De-Stress them by talking and providing solutions. In house counselors can take individual counseling with complete privacy and confidence to mentor students.


Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/34

Dated: 28.10.19

With reference to Reference No: MRIIRS/CLAN/LS/19-20/33, 21.10.19 a meeting was held under the Chairmanship of Clan Chief Air Falcons, Dr. Sonia Duggal on 25.10.19 at 3:30 p.m in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Arti Saxena, Faculty Coordinator
2. Dr. Farhat Mohsin, Faculty Coordinator
3. Ms. Satrupa, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Discussion on planning for counseling session for students

Students are no exception to the fact that they don't face pain and agony to get stressed. In this regard this initiative to distress them should be arranged. An open forum where they should be allowed to discuss and get some hearing and counseling. The period chosen is specifically pre and during the examinations.

Class Coordinators should motivate and identify the students who are stressed because of multiple reasons and don't have anyone to talk to or take counseling from. A session to De-Stress them by talking and providing solutions will be arranged from 18.11.19 to 25.11.19. Listed students will be counseled by In house counselors and can take individual counseling with complete privacy and confidence to mentor students.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Talk To Me: De-Stress Yourself

Ref. No.: MRIIRS/CLAN/LS/19-20/35

Date: 12.11.2019

Talking about your problems can release piled-up feelings. Talking to someone outside of the situation may help you to find a solution to the problem. Talking about our problems and sharing our negative emotions with someone we trust can be profoundly healing reducing stress, strengthening our immune system, and reducing physical and emotional distress. An event on "Talk to me and De Stress Yourself" event has been planned from 18th November 2019 to 25th November 2019 at Q-block under Life Skills Program, keeping in view the importance of sharing thoughts and things which an individual feels. This helps them not only distress themselves by sharing but also helps them in taking guidance and others perspective to the same query and solutions which they generally don't reach.

Activities Planned	Faculty Coordinator	Date
Talk to me and Destress Yourself	Dr. Farhat Mohsin, FMS	18 th November 2019 to 25 th November 2019

Interested students are requested to contact the Coordinators of the event at 9717883520 latest by 12.11.19.


Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Student Notice Board
Dean Students Welfare





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Talk To Me: De-Stress Yourself

18 November - 25 November, 2019

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MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
The Dean Students Welfare
MRIIRS

Dated: 28.11.19

Subject: Report on "Talk to me: De-Stress Yourself"

With reference to the Strategic Perspective Plan of Students Welfare under Manav Rachna Life Skill Program, One Week counseling program entitled "Talk to me: De-stress Yourself" was organized. Total 25 students attended and highly benefitted by the experienced suggestions of counselors gained knowledge about relieving the stress originated from day to day life.

A detailed Report along with Attendance of students is attached for your kind reference and record.

Regards


Dr. Sonia Duggal
Clan Chief, Air Falcons

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report On

“Talk To Me: De-Stress Yourself”

Clan Air Falcons along with Department of Student Welfare and in association with the Faculty of Behavioral and Social Sciences (FBSS) Department of Psychology, organized a one week program under Manav Rachna Life Skill Programme (MRLSP) on “Talk To Me: De-Stress Yourself”, for all the students of Manav Rachna to vent out their stresses and get solutions related to their problems because of :examinations, deadlines, pressure of combining paid work and study, difficulty in organizing work, time management, pressure of assignments, debts/financial issues, Relationship issues or any other at Q block, 2nd Floor, daily from 11.15 a.m. to 12:15 p.m. from 18th November 2019 to 25th November 2019. It was free of cost but a very valuable life changing counseling sessions with the qualified counselors.

“Talk To Me: De-Stress Yourself” 18th November – 25th November 2019 brought smiles on so many faces and relieved them from stress, with the help of so many talented faculty members and students.

Students were sent in batches for counseling. Each student was counseled individually. Students discussed varied problems ranging from their health issues to mental issues. Many students were called for follow up. The bright smiles on the faces justified the purpose of the event.

A special vote of thanks was given to Dr. Chavvi Bhargav for her support and guidance throughout. The sole purpose was to rekindle confidence and trust and to enhance performance and life skills. Dr. Chavvi Bhargav, addressed students and inspired them to live their life happily. Celebrate everyday and show gratitude of whatever you have. Students were asked to perform some tests and based on that their counseling was scheduled.

Chavvi



**“TALK TO ME: DE-STRESS YOURSELF” Campaign
18th November – 25th November 2019**

- Happy to bring smiles on so many faces and relieve them from stress...with the help of so many talented faculty members and students...and a special thanks to Dr. Chavvi Bhargav mam for her support and guidance throughout



“Talk To Me: De-Stress Yourself” 18th November – 25th November 2019



“Talk To Me: De-Stress Yourself” 18th November – 25th November 2019

Jonis





“Talk To Me: De-Stress Yourself” 18th November – 25th November 2019



“Talk To Me: De-Stress Yourself” 18th November – 25th November 2019

Ashis



Attendance

Attendance of all the participants for "Talk To Me: De-Stress Yourself" 18th November – 25th November 2019

S.No.	Name	Batch	Signature
1	CHITRARTH MADAN	2017	Chitrarth
2	AKASH SUNEJA	2017	Akash
3	SHUBHAM BHARGAVA	2017	Shubham
4	ARYAN BHATIA	2017	Aryan
5	DAKSH CHOUDHARY	2017	Daksh
6	SOLOMON S JOSEPH	2017	Joseph
7	SAKSHI	2018	Sakshi
8	DEVANSHU RANA	2018	Devanshu
9	MUKUL KUMAR	2018	Mukul
10	SHERWIN DAVIS	2018	Sherwin
11	CHALSI SHARMA	2018	Chalsa
12	RITIKA NIRWAN	2018	Ritika
13	ASHUTOSH SHARMA	2018	Ashutosh
14	UDAY SINGH CHAUHAN	2018	Uday
15	SATISH MAURYA	2018	Satish
16	RISHIKA ARORA	2018	Rishika
17	ISHITA GUPTA	2018	Ishita Gupta
18	RAHUL TYAGI	2018	Rahul
19	PUSHKAR ANEJA	2018	Pushkar
20	SHUBH GAUR	2018	Shubh
21	SHALINI SINDHANI	2018	Shalini
22	ADITYA	2018	Aditya
23	SHUBHAM SHARMA	2018	Shubham
24	NEHA	2018	Neha
25	SUNIT BASAK	2018	Sunit

Submitted by:
Dr. Farhat Mohsin
Faculty Coordinator

Validated by:
Dr. Sonia Duggal
Clan Chief, Air Falcons





Manav Rachna International Institute of Research and Studies

Manav Professional Life Skill Program

Certificate of Participation

This is to certify that _____

_____ has actively participated in the Event **Talk Topic: De-Stress Yourself** held from 18.11.2019 to 25.11.2019.

Clan Chief / Clan Vice Chief

Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/30

Dated: 20.09.19

With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 25.09.19 at 2:00 p.m. in the office of Students Welfare for the event "Technical Workshop on Vehicle Maintenance and Management".

All are requested to make it convenient to attend the same

1. Dr. Madhumita, Faculty Coordinator
2. Ms. Stuti, Faculty Coordinator
3. Ms. Anjali Bainsla, Clan Student Coordinator
4. Ms. Aditi Jain, Clan Student Coordinator
5. Ms. Rishika Arora, Clan Student Coordinator
6. Ms. Ishita Gupta, Clan Student Coordinator

Following Agenda Items will be discussed during the meeting:

Agenda Item No 1: Technical Workshop on Vehicle Maintenance and Management

The car or the two wheeler, we drive is our partner on the rough and tough path of road life. Keeping in view, maximum students especially girls don't know the inside of the vehicles and their maintenance, a workshop should be arranged. If the vehicle can take care of us, we have equal responsibility to return, for our own benefit.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/31

Dated: 26.09.19

With reference to Ref. No.: MRIIRS/CLAN/LS/19-20/30, dated 20.09.19, a meeting was held under the Chairmanship of Clan Chief, Air Falcons Dr. Sonia Duggal on 25.09.19 at 2:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Madhumita, Faculty Coordinator
2. Ms. Stuti, Faculty Coordinator
3. Ms. Anjali Bainsla, Clan Student Coordinator
4. Ms. Aditi Jain, Clan Student Coordinator
5. Ms. Rishika Arora, Clan Student Coordinator
6. Ms. Ishita Gupta, Clan Student Coordinator

Member present had discussed and the following activities were proposed by the Coordinators, Clan members and the Clan Coordinators to be done in the academic year.

Agenda Item No 1:

It was discussed that a special workshop should be arranged by the mechanical department of MRIIRS to explain the functioning of two wheeler and four wheeler vehicles. Hands-on demo will be the best way to learn, so accordingly the training should be arranged.

Maximum participation from students should be ensured at Clans level, departmental level and whole university level. Member present had shown concern and shared their ideas to make these planned events successful. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.


Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Technical Workshop on Vehicle Maintenance and Management

Ref. No.: MRIIRS/CLAN/LS/19-20/32

Date: 30.09.2019

Driving the vehicle and maintaining it to get best mileage and being aware about inside of the Vehicle is very important for all of us. This is to notify that "Technical Workshop on Vehicle Maintenance and Management" has been planned during 09.10.19 – 11.10.19, under Manav Rachna Life Skill Program.

Activities Planned	Faculty Coordinator	Date & Time
Technical Workshop on Vehicle Maintenance and Management	Dr. Madhumita, FET Ms. Stuti, FMS	09.10.19-11.10.19 10:00 am onwards

Interested students are requested to contact the Coordinators of the event at 9717883520 latest by 05.10.19.



Dr. Sonia Duggal
Clan Chief, Air Falcons

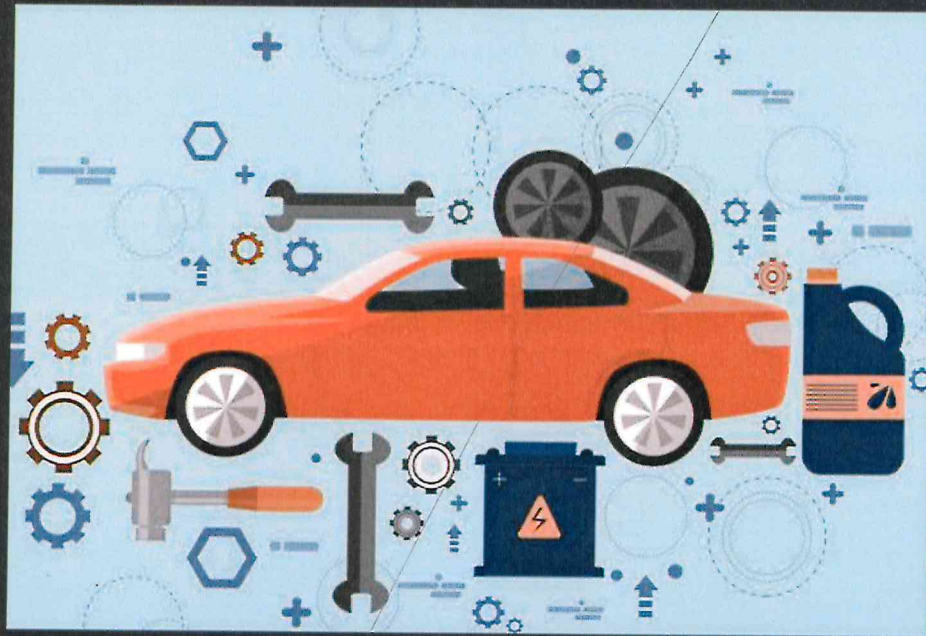
Copy to:
Dean Students Welfare
Clan Vice Chief, Air Falcons
Faculty and Student Coordinators





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Technical Workshop on Vehicle Maintenance and Management

9 October, 2019

Janis



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES


To
Dean Students Welfare
MRIIRS

Dated: 11.10.19

Subject: Report on "Technical Workshop on Vehicle Maintenance and Management".

With reference to Strategic Perspective Planning of Manav Rachna Life Skill Program, dated 20.09.19, an event with reference notice number MRIIRS/CLAN/LS/19-20/30 was planned. 25 students participated in the event under Life Skills, keeping in view the importance of vehicle maintenance for pollution free environment.

Regards


Dr. Sonia Duggal
Clan Chief, Air Falcons

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report

On

“Technical Workshop on Vehicle Maintenance and Management”

"She is not just four wheels, She is Home!"

The car or the two wheeler, we drive, is our partner on the rough and tough path of road life. If the vehicle can take care of us, we have equal responsibility to return, for our own benefit! Clans in association with the Department of Automobile Engineering, FET-MRIIRS organized, an awareness session titled "Tame your Vehicle: A Do It Yourself troubleshooting", on October 09, 2019 for all students and on October 11, 2019 for all Engineering associates at 2 p.m. during clan period (CG-02).

Dr. Devendra Vashist, Professor & Head- Auto addressed the introductory session followed by hands on training on the following services:

- Engine oil level check
- Brake adjustment
- Clutch free play check-up
- Air filter cleaning
- Battery terminal check-up
- Horn check-up
- Changing Stepney
- Car tyre pressure check
- Handling Speed variations
- Improvising mileage

All students participated enthusiastically and learned the purpose of effective and efficient usage of the vehicle. Students were asked to write their future Queries regarding their vehicle at rampravesh.fet@mriu.edu.in.

Handwritten signature
1



Overall it was a great learning experience for the students to know about their vehicle inside out along with keeping in mind the importance of vehicle maintenance for pollution free environment.

Amir





Technical Workshop on Vehicle Maintenance and Management – 09.10.19



Technical Workshop on Vehicle Maintenance and Management – 11.10.19

Anis



Attendance

Attendance of all the participants for "Technical Workshop on Vehicle Maintenance and Management"

S.No.	Name	Batch	Signature
1	KABIR BHATIA	2017	
2	MOHIT YADAV	2017	
3	CHITRANGAD SINGH TOMAR	2017	
4	AMAN AGGARWAL	2017	
5	SAHIL GUPTA	2017	
6	BHAVYA ARORA	2017	
7	ABHISHEK MALIK	2017	
8	DIKSHANT SIHAG	2017	
9	DEEPANSHI UPADHYAY	2017	
10	NISHTHA BAREJA	2017	
11	MUKUL KUMAR	2018	
12	SHERWIN DAVIS	2018	
13	CHALSI SHARMA	2018	
14	RITIKA NIRWAN	2018	
15	ASHUTOSH SHARMA	2018	
16	UDAY SINGH CHAUHAN	2018	
17	SATISH MAURYA	2018	
18	MUKUL KUMAR	2018	
19	SHERWIN DAVIS	2018	
20	CHAVI	2018	
21	SHEETAL KUMARI	2019	
22	ANURAG BHATT	2019	
23	AYUSH TYAGI	2019	
24	TEHAK MOTHSRA	2019	
25	AANYA SHARMA	2019	

Submitted by:
Ms. Madhumita
Faculty Coordinator

Validated by:
Dr. Sonia Duggal
Clan Chief, Air Falcons





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

has actively participated in the Event **Technical Workshop on Vehicle Maintenance and Management** held from 09.10.2019 to 09.10.2019.

Clan Chief / Clan Vice Chief

Dean Student Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/25

Dated: 19.08.19

With reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 26.08.19 at 12:00 p.m. in the office of Students Welfare for the event "Awareness Program on Environment Sensitization: Open Defecation" under Unnat Bharat Abhiyaan.

Following are requested to make it convenient to attend the same:

1. Mr. Narender Suhag, Faculty Coordinator
2. Dr. Kalpana Varshney, Faculty Coordinator
3. Dr. Pooja Khurana, Faculty Coordinator
4. Ms. Seema Sharma, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

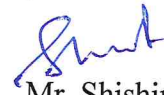
Agenda Item No 1: Visit to Nariyala Village for Sensitization towards Open Defecation

The mission of Unnat Bharat Abhiyan (UBA) is to enable higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth. Dedicated to improving the quality of life through inclusive growth and development in education this event will contribute towards the same.

This event will be organized to get an idea about the living conditions of the residents of Nariyala Village and to contribute towards a better lifestyle for them. Students will inculcate leadership qualities by educating the students and residents of Nariyala Village about health, hygiene and harms of open defecation.

Agenda Item No 2: Visit to Panhera Village for Sensitization towards Open Defecation

This event will aim to create a virtuous cycle between society and an inclusive academic system by providing knowledge and practices for emerging professions and to upgrade the capabilities of both the public and the private sectors in responding to the development needs of rural India. Students will inculcate leadership qualities by educating the students and residents of Panhera Village about health, hygiene and harms of open defecation.



Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/26

Dated: 26.08.19

With reference to MRIIRS/CLAN/LS/19-20/25, a meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks, on 26 August 2019 at 12:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Mr. Narender Suhag, Faculty Coordinator
2. Dr. Kalpana Varshney, Faculty Coordinator
3. Dr. Pooja Khurana, Faculty Coordinator
4. Ms. Seema Sharma, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Visit to Nariyala Village for sensitization towards Open Defecation

Discussion on best ways to sensitize villagers towards Open Defecation was conducted. Dedicated to improving the quality of life through inclusive growth and development in education this event should contribute towards the same.

All the events are planned to get an idea about the living conditions of the residents of Nariyala Village and to contribute towards a better lifestyle for them. Students will inculcate leadership qualities by educating the students and residents of Nariyala Village about health, hygiene and harms of open defecation.

Agenda Item No 2: Visit to Panhera Village for sensitization towards Open Defecation

Discussion on best ways to involve MRIIRS students to spread awareness related to Open Defecation amongst villagers was conducted. A virtuous cycle between society and an inclusive academic system can be created. Students with their leadership qualities can educate the students and residents of Panhera Village about health, hygiene and harms of open defecation.

Members present, had discussed and the activities proposed by the Coordinators, clan members and the Clan Coordinators to be done in the academic year. Based on the discussion it was decided as students are the core of all the activities hence the maximum participation from them should be ensured at Clans level, Departmental level and University level.





Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Awareness Program on Environment Sensitization: Open Defecation

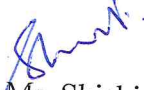
Ref. No.: MRIIRS/CLAN/LS/19-20/27

Date: 02.09.2019

The Mission of Unnat Bharat Abhiyan is to enable higher educational institutions to work with people of rural India in identifying development challenges and involving appropriate solutions for accelerating sustainable growth. This is to notify that the event "Awareness Program on Environment Sensitization: Open Defecation" has been planned under Life Skill of MRIIRS, on 04.10.2019, keeping in view the importance of keeping in view for transformational change by leveraging knowledge to help build the architecture of prosperous India.

Activities Planned	Faculty Coordinator	Time
Visit to Nariyala Village for sensitization towards Open Defecation	Dr. Kalpana Varshney, FET	10:00 a.m. to 4:00 p.m.
Visit to Panhera Village for sensitization towards Open Defecation	Mr. Narender Suhag, Hotel Management FMS	10:00 a.m. to 3:30 p.m.

Interested students are requested to contact the Coordinators of the event 8447780247 latest by 01.10.19.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Students Notice Board





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Awareness Program on
Environment Sensitization: Open
Defecation

4 October - 5 October, 2019

smik



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

INTER OFFICE MEMO

Ref. No.: MRIIRS/CLAN/LS/19-20/28

Dated: 23.09.2019

From:
Mr. Shishir Nigam
Clan Chief, Water Sharks

To:
Dr. Kalpana Varshney
Faculty Coordinator

Mr. Narender Suhag
Faculty Coordinator

Subject: Awareness Program on Environment Sensitization: Open Defecation

Faculty Coordinators are requested to plan and discuss the preparation on 27.09.19 regarding said event planned on 04.10.19 and 05.10.19, at 12:30 p.m. in the office of Students Welfare.

Copy to:
Dean Students Welfare
HOD, AS, FET
HOD, Hotel Management
Faculty Coordinator

Suhag



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MINUTES OF MEETING

Ref. No.: MRIIRS/CLAN/LS/19-20/29

Dated: 30.09.19

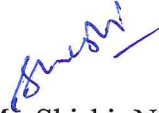
A meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 27.09.19 at 12:30 p.m. in the office of Students Welfare for the event, an Awareness Program on Environment Sensitization: Open Defecation.

The following members attended the meeting:

1. Dr. Kalpana Varshney, Faculty Coordinator
2. Mr Narender Suhag, Faculty Coordinator
3. Ms. Aditi Jain, Clan Student Coordinator
4. Ms. Anjali Baisal, Clan Student Coordinator

Dr. Kalpana Varshney briefly discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans. She planned different activities based on the theme. She confirmed that transportation to the Village buses is booked.

Mr. Narender Suhag, briefly discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans. This visit will be organized to sensitize the participants to keep in mind the importance and their own contribution towards the Village people improvement. In this way the students will become more attentive and responsible towards the cause of the event. He confirmed that for visit to Village, the preparation is on and students and coordinators are planning of certain activities to be performed there.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinator



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
Dean Students Welfare
MRIIRS,
Faridabad

Dated: 07.10.19


Subject: Report on "Awareness Program on Environment Sensitization: Open Defecation"

With Reference to Strategic Perspective Planning of Life Skill Program under MRIIRS, an event with reference number: MRIIRS/CLAN/LS/19-20/25 was planned on 19.08.19. 60 registered students actively participated in the event. This event was organized keeping in view for the transformational changes by leveraging knowledge to help build the architecture of prosperous India.

The mission of this event is to enable higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth. Dedicated to improving the quality of life through inclusive growth and development in education this event will contribute towards the same.

This event will be organized to get an idea about the living conditions of the residents of Panhera and Nariyala Village and to contribute towards a better lifestyle for them. Students will inculcate leadership qualities by educating the students and residents of the Village about health, hygiene and harms of open defecation.

Regards


Mr. Shishir Nigam
Clan Chief, Water Sharks

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report on

Awareness Program on Environment Sensitization: Open Defecation

Unnat Bharat Abhiyan is inspired by the vision of transformational change in rural development processes by leveraging knowledge institutions to help build the architecture of an Inclusive India. As per the direction of MHRD, NSS unit & Manav Rachna Life Skills Program, Clan Forest Rhinos initiated this Program in the University adopted Village “Nariyala” and “Panhera” on 04.10.19 and 05.10.19 respectively.

It also aimed to create a virtuous cycle between society and an inclusive academic system by providing knowledge and practices for emerging professions and to upgrade the capabilities of both the public and the private sectors in responding to the development needs of rural India. Under the flagship of ‘Unnat Bharat Abhiyan’- A program by HRD Ministry, NSS unit & Manav Rachna Life Skills Program of MRIIRS planned a survey to be conducted in four different Villages by the assigned clan members about the open defecation and various other issues related to their lifestyle and sanitation.

The members of student coordinators of all clans along with some other students of the same clan under the supervision of faculty members visited Village Panhera Khurd and Nariyala, District Faridabad. It took around 45 minutes for the team to reach there by college bus. The first sight after the team unboarded the college bus was of the government school where some students could be seen around. The condition of the school building was not good at all. The team was asked to first take a look at the other important places in the Village and then conduct the survey in the school during the break and three boys from the school itself were sent with us to guide us for the same.

While walking throughout the Village we noticed that there were no cemented roads as the roads were made up of bricks which enabled easy water clogging that lead to wastage of water as well as unhygienic living conditions. During our visit to the Village, firstly we came across an Anganwadi Kendra (polio booth) where children as well as women are treated for some specific problems. As we entered into it we could see some women sitting there and a female doctor



prescribing them some medicines. Camps for NCD (non-communicable diseases) are also set-up in the anganwadi which started today only and will continue till the whole population is covered. We could also see some swings which were placed there for young kids going there. Beside the room where the women were treated, we could see some space where we could see some trash dumped. There are around 7-8 such anganwadis in that particular Village. Moving ahead we came across a Tube well which may be there for irrigation depicting the Village is having proper irrigation system. Not far away from there was a Satsang Bhawan where different programs like yoga, sat-sang and many other things are organized. Walking through some distance we could see farms where rice was planted but the farms were destroyed because of the rain. Afterwards there was a hospital for general public as well as a place for treating buffaloes and also for their vaccination but it was being renovated so we could not see inside it.

On our way back to the school where we started the journey, we came across a post office which was also closed but we were told it opens and a hospital with some basic health facilities was there. As we entered into it, we could see a doctor writing some prescriptions and also other rooms where patients must be treated. It was impressive to note that the rooftop of the hospital was equipped with solar panels. Completing a full circle, we again reached the school where we had to conduct the survey. On our arrival we could see most of the students playing as it was their lunch break and also electricity supply was not there for that particular time. As we interacted with the students, we got to know that with a total count of 500 students their school had higher female ratio than that of male ratio and their school had only some basic facilities which should be there like proper electricity and water supply, a satisfactory, boys to girls, ratio in classes, comfortable benches, etc. Some disappointments were no separate proper toilets for boys and girls, inappropriate mid-day meals, no notice boards, no security and not so good infrastructure. One thing that was common throughout our Village tour was the accumulation of dirty water everywhere due to the rain that took place last night. According to our analysis we could say sewage is the biggest problem faced by the Village locals as open drains everywhere with filthy smelling water can be highly unhygienic and an invitation to many serious diseases.

After interacting with few people and looking at their way of life we could see that they had hand pumps as the source of drinking water, coolers, refrigerators or pots for cool water, TV DTH Connections, Wi-Fi at schools and hospitals, meters for electricity, gas pipelines, bore



wells, proper transportation, broadband and cell phone connection towers, proper transportation, benches in the outdoor for sitting, proper bank and ATM facilities, schools, colleges, skin care hospitals, hospital (including ENT, Ayurvedic, maternity, vasectomy sections). They also had a pond like structure which was surrounded by footpaths and proper plantations. Although, due to the rain the water was a bit contaminated else may be the scene would have been a pleasant sight to the eyes. One point that was somehow disturbing and related to the security of the people living there was that the nearest police station around them was 4-5 km away which is a large distance.

After observing the most of the Village area closely, the team could conclude that the drainage system of the Village was the biggest problem faced by the Villagers and also the accumulation of water everywhere which may give rise to many water-borne diseases. Even the waste management system needs improvement for a better and cleans surrounding.

Awareness amongst villagers will certainly lead to more hygienic conditions and better health standards.





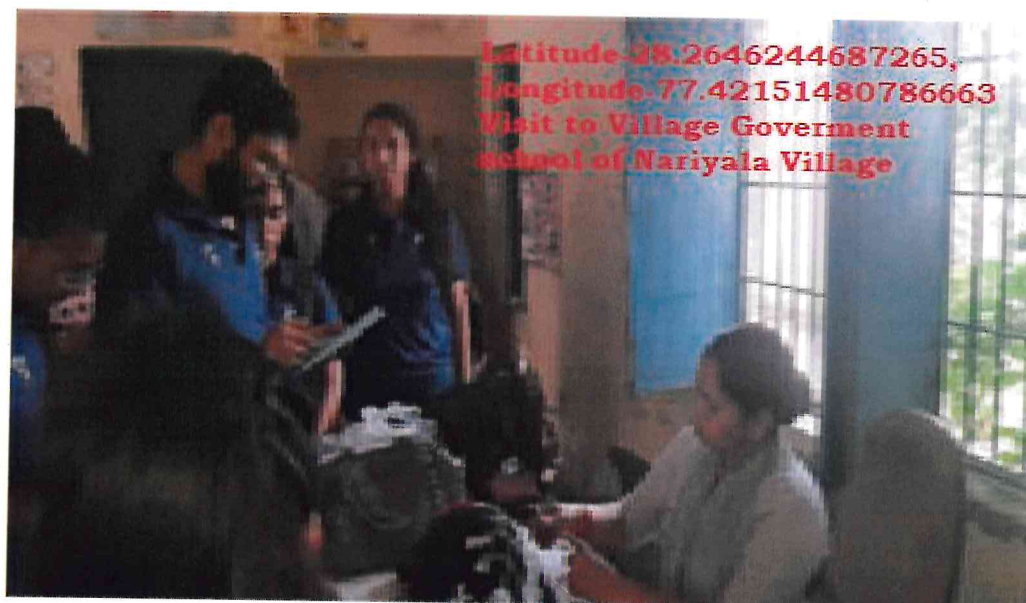
**Awareness Program on Environment Sensitization:
OpenDefecation**



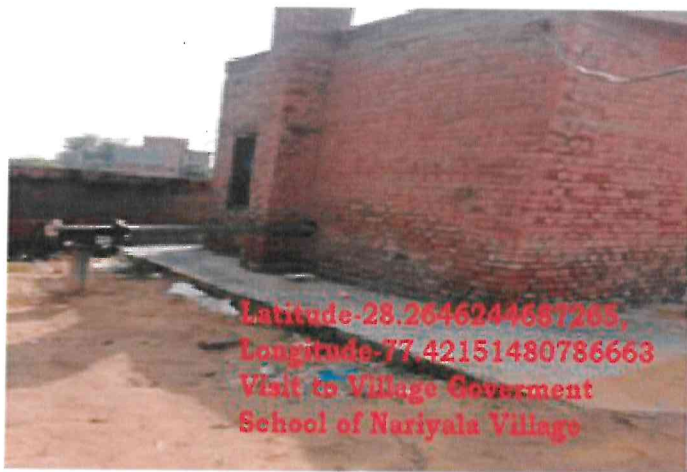
**Awareness Program on Environment Sensitization: Open
Defecation**



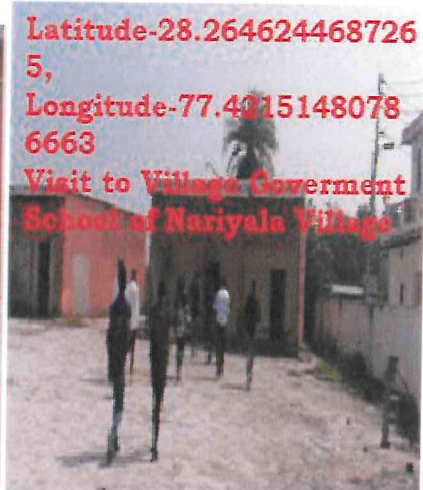
Awareness Program on Environment Sensitization: Open Defecation



Awareness Program on Environment Sensitization: Open Defecation



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Visit to Village Government
School of Nariyala Village



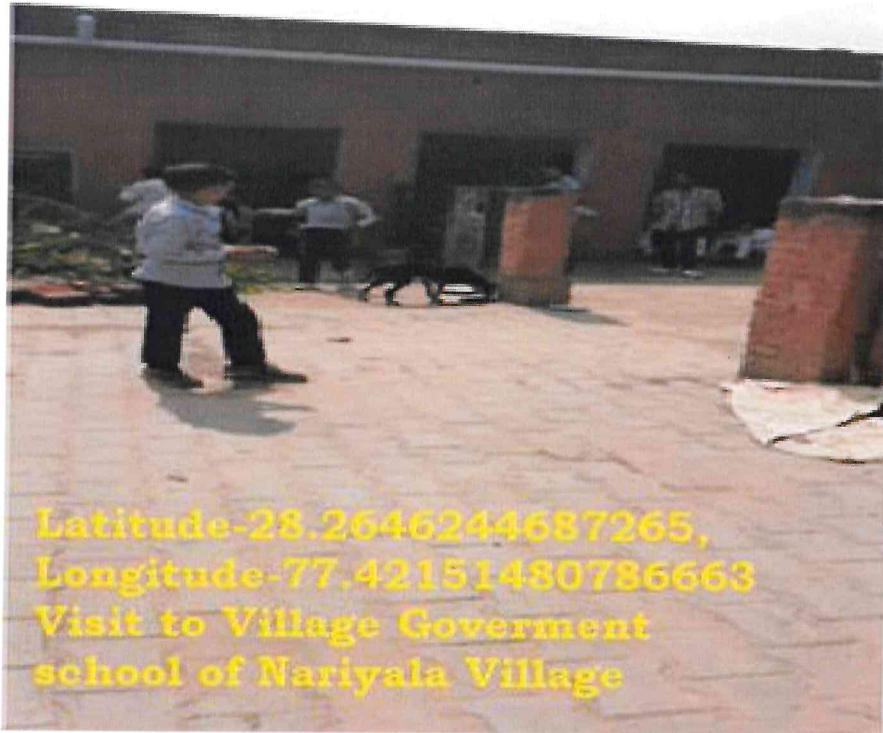
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Visit to Village Government
School of Nariyala Village

**Awareness Program on Environment Sensitization: Open
Defecation**



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Longitude-77.42151480786663
Visit to Village Government
School of Nariyala Village

**Awareness Program on Environment Sensitization: Open
Defecation**



**Awareness Program on Environment Sensitization: Open
Defecation**



**Awareness Program on Environment Sensitization: Open
Defecation**



Awareness Program on Environment Sensitization: Open Defecation



Awareness Program on Environment Sensitization: Open Defecation

Attendance Sheet

Attendance of all the participants for "Awareness Program on Environment Sensitization: Open Defecation"

S.No.	Name	Batch	Signature
1	JOSEMON BABY	2016	<i>Josemon</i>
2	RAJAN SINGH	2016	<i>Rajan</i>
3	SHAZI ZAMAN	2016	<i>Shazi Zaman</i>
4	MD SHARIQUE ASLAM	2016	<i>Sharique</i>
5	SHASHANK KUMAR SINGH	2017	<i>Shashank</i>
6	SANKALP BANSAL	2017	<i>Sankalp Bansal</i>
7	SPARSH MITTAL	2017	<i>Spars</i>
8	SHITANSHU TIWARI	2017	<i>Shitanshu</i>
9	HIMANSHU THAKUR	2017	<i>Thakur Himanshu</i>
10	DISHA PAHUJA	2018	<i>Pahuja</i>
11	HARSHIT VAISH	2018	<i>Harshit Vaish</i>
12	ANURAG TIWARI	2018	<i>Anurag</i>
13	LOVE KAUSHIK	2018	<i>Love Kaushik</i>
14	PRABHNEET SINGH	2018	<i>Prabhneet Singh</i>
15	RASHI AGGARWAL	2018	<i>Rashi</i>
16	ABHISHEK	2018	<i>Abhishek</i>
17	VAIBHAV L TEMBHEKAR	2018	<i>Vaibhav</i>
18	MOHD SAIF ALI	2018	<i>S.A.I.F.</i>
19	RUPESH	2018	<i>Rupesh</i>
20	AYUSH AWASTHI	2018	<i>AYUSH</i>
21	MUSKAAN DIXIT	2018	<i>Muskkaan</i>
22	PRADEEP TOMAR	2019	<i>Pradeep Tomar</i>
23	VIJAY SINGH	2019	<i>Vijay</i>

Shank



24	MANI RAM DANGWAL	2019	Mani
25	PRINCE KUMAR	2019	Prince
26	ASHOK KUMAR	2019	Ashok
27	KAILASH NARANYAN	2019	KAILASH
28	DHRUV	2019	Dhruv
29	ISHA MITTAL	2019	ISHA
30	HARSHIT	2019	Harshit
31	GAURAV RATHI	2019	Gaurav
32	VIVEK KUMAR ROY	2019	Vivek
33	ADITYA SHARMA	2019	Adi
34	NIKHIL TYAGI	2019	TYAGI
35	CHIRAG MANGLA	2019	Chirag
36	DAWN SAJU	2019	Dawn
37	ROBIN	2019	Robin
38	RAHUL RAWAT	2019	Rahul
39	ANUBHAV SHARMA	2019	Anubhav
40	MOHAMMAD SAIFULLAH	2019	Mohammad
41	SIMRAN MEHTA	2019	Simran
42	TALARI SHIVA KUMAR	2019	Talari
43	HIMANSHI	2019	Himanshi
44	SURYANSH TYAGI	2019	Suryansh
45	YUVRAJ SHARMA	2019	Yuvraj
46	MOHIT RATH	2019	Mohit
47	KASIF JILANI	2019	Kasif
48	BHAVISH SHARMA	2019	Bhavish
49	KARTIK BHADU	2019	Kartik

Sharma



50	UMA TOMAR	2019	<i>Uma</i>
51	ROHAN RAJ	2019	<i>Rohanj</i>
52	AKULA SHREYA	2019	<i>Akula</i>
53	VANSHIKA BOHRA	2019	<i>Vanshika</i>
54	SATENDER KUMAR	2019	<i>Satyendra</i>
55	PRADIP DAS	2019	<i>Pradip</i>
56	ASHOK	2019	<i>Ashok</i>
57	EASHAN SHARMA	2019	<i>Eashan</i>
58	VISHWDEEP SINGH	2019	<i>Vishwadeep</i>
59	SHRESHTHA RANA	2019	<i>Shreshtha</i>
60	SAPNA KUSHWAHA	2019	<i>Sapna</i>

Kalpna
Submitted by:
Dr. Kalpna Varshney
Faculty Coordinator

Shishir
Validated by:
Mr. Shishir Nigam
Clan Chief, Water Sharks





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

_____ has actively participated in the **Event Awareness Program on Environment Sensitization: Open Defecation** held from 4.10.2019 to 4.10.2019.

_____ Clan Chief / Clan Vice Chief

_____ Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/14

Dated: 11.09.19

With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 13.09.19 at 2:00 p.m. in the office of Students Welfare for the event "One Week Counseling Program- Parvarish".

All are requested to make it convenient to attend the same

1. Dr. Charu, Vice Clan Chief Forest Rhinos, Faculty Coordinator
2. Dr. Farhat, FMS, Faculty Coordinator
3. Dr. Kalpana, FET, Faculty Coordinator
4. Dr. Pooja Khurana, FET, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: One Week Counseling program- Parvarish

Mind is stressed when things are not streamlined and well in control. Children at home play a very important role. Well groomed and disciplined kids always prove as an asset to the parents. Checking on our responsibility and the children's expectation from us can bring more harmony in the parent-child relationship. Keeping this in view, a combined session of student and faculty members is planned.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Faculty Coordinator
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/15

Dated: 13.09.19

With reference to Ref: MRIIRS/CLAN/LS/19-20/14, 11.09.19 a meeting was held under the Chairmanship of Dr. Sonia Duggal, Clan Chief, Air Falcons on 13.09.2019 at 2:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Charu, Vice Clan Chief Forest Rhinos, Faculty Coordinator
2. Dr. Farhat, FMS, Faculty Coordinator
3. Dr. Kalpana, FET, Faculty Coordinator
4. Dr. Pooja Khurana, FET, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1:

The event will be organized to embrace the students with a sense of understanding of their parents and understand the needs and demands of **being a better person and** child and also for the students to understand their parent and guardians in a better way.

Member present had shown concern and shared their ideas to make these planned events successful. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.

Dr. Sonia Duggal
Clan Chief, Air Falcons

Copy to:

Dean Students Welfare
Clan Vice Chief, Air Falcons
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

One Week Counseling program- Parvarish

Ref. No.: MRIIRS/CLAN/LS/19-20/16

Date: 14/09/2019

This is to notify that "One Week Counseling Program- Parvarish" has been planned under Life Skills of MRIIRS, keeping in view the importance having a good child-parent relationship and understanding the needs for the role.

Activities Planned	Faculty Coordinator	Dates
One Week Counseling Program- Parvarish	Dr. Charu, FET Faculty Coordinator	19.09.2019 to 25.09.2019

Interested students are requested to contact the Coordinators of the event at 9717883520 latest by 18.09.19.


Dr. Sonia Duggal


Clan Chief, Air Falcons

Copy to:
Dean Students Welfare
Student Notice Board





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM

**One Week Counselling program-
Parvarish**

19 SEPTEMBER - 25 SEPTEMBER, 2019

Ami



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES


To
Dean Students Welfare
MRIIRS

Dated: 27.09.2019

Subject: Report on "One Week Counseling Program- Parvarish"

With Reference to Strategic Perspective Planning of Life Skills under MRIIRS, an event with reference number MRIIRS/CLAN/LS/19-20/14 was planned. 30 students participated in the event under Manav. Rachna Life Skill program, keeping in view the importance of having a cordial relation between parent and a son/daughter.

Regards


Dr. Sonia Duggal
Clan Chief, Air Falcons

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report

On

One Week Counseling Program- Parvarish

Parvarish: Listening to a parent in You!

Under Manav Rachna Life Skill program “One Week Counseling Program- Parvarish ” was planned from 19.09.2019 to 25.09.2019. An opportunity to address some common issues among faculty members of Manav Rachna Family as a “Parent” and students as “Child” was organized in the form of an open forum to discuss both sides of the problems. The letters were collected by student volunteers from various departments for one week.

The event was organized to embrace the parents and students with a sense of understanding for their kids and understand the needs and demands of playing the role of a parent. The event started with the blessings of Shri R. K. Arora, Registrar, Manav Rachna International Institute of Research and Studies, Faridabad. Few sessions were arranged by the experienced faculty members of Manav Rachna for sensitizing both parents and children about overcoming problems faced by both of them. Students actively asked their queries without hesitation and discussed their view points.

At the end of the program parents gave their feedback and promised that they would try to **maintain a healthy relationship** with their wards so that they could be the first priority for their children to seek for any kind of solution in their near future endeavors. On the other hand, students also promised to be honest and friendly with their parents.

Arora





One Week Counseling Program- Parvarish - 19.09.2019 to 25.09.2019



One Week Counseling Program- Parvarish - 19.09.2019 to 25.09.2019

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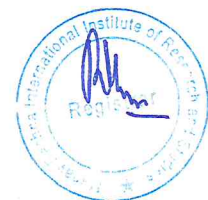


One Week Counseling Program- Parvarish - 19.09.2019 to 25.09.2019



One Week Counseling Program- Parvarish - 19.09.2019 to 25.09.2019

Amir



Attendance

Attendance of all the participants for One Week Counselling Program- Parvarish

S.No.	Name	Batch	Signature
1	ANNU VASHISHT	2016	<i>Annu Vashisht</i>
2	AKANKSHA SUKHIJA	2016	<i>Akanksha</i>
3	TANU CHOUDHARY	2017	<i>Tanu</i>
4	SHOBHIT MANGLA	2017	
5	RITIN SACHDEVA	2017	<i>Ritin</i>
6	SHIVAM AHUJA	2017	<i>Shivam</i>
7	TARUNESH KUMAR	2017	<i>Tarunesh</i>
8	SHORYA GAUR	2017	<i>Shorya</i>
9	HARDIK JHAMB	2017	<i>Hardik</i>
10	TANISH AHUJA	2017	<i>Tanish Ahuja</i>
11	KARTIK BHATIA	2017	<i>K. Bhatia</i>
12	ABHISHEK CHAUHAN	2017	<i>A</i>
13	SAGAR PACHOURI	2018	<i>SAGAR</i>
14	ADITYA RAGHAV	2018	<i>Aditya</i>
15	JAI PRAKASH	2018	<i>Jai</i>
16	RUPESH GARG	2018	<i>Rupesh</i>
17	DUVUTU LEA	2018	<i>Duvutu Lea</i>
18	MUSKAAN DIXIT	2018	<i>Muskaan</i>
19	NEELABH KULSHRESHTHA	2018	<i>N. Kulshrestha</i>
20	ALOKIK MITRA	2018	<i>Alokik</i>
21	HARMAN SINGH	2018	<i>Harman</i>
22	NISHANT KUNDU	2018	<i>Nishant</i>
23	SHAGUN VERMA	2018	<i>Shagun</i>

Anu

24	LAKSHYA NAGPAL	2018	
25	PRINCE SINGH	2018	
26	RISHABH SINGHLA	2018	
27	DHANESHWAR SINGH	2018	
28	NEHA	2018	
29	KESHAV JHA	2019	
30	BHAVISH SHARMA	2019	



Submitted By:
Dr. Charu
Faculty Coordinator



Validated By:
Dr. Sonia Duggal
Clan Chief, Air Falcons





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

has actively participated in the Event **One Week Counselling Program-
Parvarish** held from 19.09.2019 to 25.09.2019.

Clan Chief / Clan Vice Chief

Dean Student Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/17

Dated: 22.07.19

With Reference to Strategic Perspective Plan for the year 2019-20, under Manav Rachna Life Skill Program a meeting has been planned on 26.07.19 at 2:00 p.m. in the office of Students Welfare for the event “ Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji”.

All are requested to make it convenient to attend the same

1. Dr. Neha Gupta, Faculty Coordinator
2. Dr. Swati, Faculty Coordinator
3. Dr. Arvind Dalal, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator


Agenda Item No. 1: Painting Competition on Gandhiji's Life

Agenda Item No. 2: Dandi March

Agenda Item No 3: Say No To Plastic Use

Agenda Item No. 4: Slogan Writing

Above agendas with the way of passing messages through Slogan Writing, where the young minds will express their thoughts in words and colors, will be discussed.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/18

Dated: 29.07.19

With reference to Reference No: MRIIRS/CLAN/LS/19-20/17, dated 22.07.19, a meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 26.07.19 at 2:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Neha Gupta, Faculty Coordinator
2. Dr. Swati, Faculty Coordinator
3. Dr. Arvind Dalal, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No. 1: Painting Competition on Gandhiji's Life

Late (Mr.) Mohandas Karmachand Gandhi, whom the whole world knows and follows and being the father of the nation he is a motivational entity who had been inspiring at all sphere of life. To learn from his teaching and adopting them in our lives will be something that we all should be cherishing. In this regard we would be having a painting competition on his life and messages.

Agenda Item No. 2: Dandi March

In continuation to the above agenda with his way of passing messages through Dandi March, we wish to make everyone aware of independence and keeping the nature clean and healthy so that it can be enjoyed at present and passed to next generations.

Agenda Item No 3: Say No to Plastic Use

Late (Mr.) Mohandas Karmachand Gandhi, was a firm believer of cleanliness and healthy body for a healthy soul. Single plastic usage not only make the environment dirty but also its usage harms the mother nature, so it needs to be handled with due care. So instead of single use plastic we should be using hand bags, cotton bags, jute bags. Sensitizing by doing will help in making people aware of this.

Agenda Item No. 4: Slogan Writing

In continuation to the above agenda with his way of passing messages through Slogan Writing, where the young minds will express their thoughts in words and colors. Their presence will not



only motivate the youngsters but also will be keeping foundation for future endeavors towards nature cleanliness and protection.

Members present had shown concern and shared their ideas to make these planned events successful. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.

Maximum participation from students should be ensured at Clans level, departmental level and whole university level. For this students should be given the opportunity to get registered and participate, hence it will be communicated through the proper notices and other communications. All interested students can register themselves for the event with their respective Clans as per their interest and enthusiasm to actively contribute in the direction of the decided cause.



Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji


Ref. No.: MRIIRS/CLAN/LS/19-20/19

Date: 30.07.19

Gandhi Jayanti is a national festival celebrated in India to mark the birth anniversary of the Father of the Nation, Mohandas Karamchand Gandhi, who was born on October 2, 1869. The UN General Assembly announced on June 15, 2007 that October 2 will be celebrated as the International Day of Non-Violence. This is to notify that the following event has been planned on 1.10.2019 at A-block auditorium under Life Skills of MRIIRS, keeping in view the importance of trees and maintenance of greener environment. In this regard single plastic usage is a biggest hurdle as it disturbs not only the beauty of the nature but also its tough to reduce the wastage as it adds to landfill.

Activities Planned	Faculty Coordinator	Time
Painting Competition on Gandhiji's Life	Dr. Neha Gupta, FCA	09.08.19
Dandi March	Dr. Arvind Dalal, FCBS	30.08.19
Say No to Plastic Usage	Dr. Arvind Dalal, FCBS	01.10.2019
Slogan Writing	Dr. Neha Gupta, FCA	01.10.2019

Interested students are requested to contact the Coordinators of the event 8447780247 latest by 01.08.19.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Student Notice Board
Dean Students Welfare



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

INTER OFFICE MEMO

Ref. No.: MRIIRS/CLAN/LS/19-20/20

Dated: 02.08.19

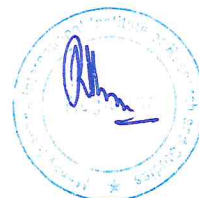
From:
Mr. Shishir Nigam
Clan Chief, Water Sharks

To:
Dr. Neha Gupta
Faculty Coordinator

Subject: Painting Competition on Gandhiji's Life

Faculty Coordinator is kindly requested to plan and discuss the preparation on 05.08.19 regarding the said activity, planned on 09.08.19 at 12:00 noon in the office of Students Welfare.

Copy to:
Dean Students Welfare
HOD, FCA
Faculty and Student Coordinator



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MINUTES OF MEETING

Ref. No.: MRIIRS/CLAN/LS/19-20/21

Dated: 05.08.19

A meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 05.08.19 at 12:00 noon in the office of Students Welfare regarding the event, Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji we planned to conduct Painting Competition on Gandhiji's Life on 09.08.19.

The following member attended the meeting:

1. Dr. Neha Gupta, Faculty Coordinator
2. Dr. Swati, Faculty Coordinator
3. Dr. Arvind Dalal, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Dr. Neha Gupta briefly discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans.

This painting competition will be organized to sensitize the participants about the life of world leader Mahatma Gandhi and learn from his life. She informed venue is finalized and well-coordinated.



Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:

Dean Students Welfare

Clan Vice Chief, Water Sharks

Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

INTER OFFICE MEMO

Ref. No.: MRIIRS/CLAN/LS/19-20/22

Dated: 23.08.19

From:
Mr. Shishir Nigam
Clan Chief, Water Sharks

To:
Dr. Arvind Dalal
Faculty Coordinator

Subject: Dandi March under Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji

Faculty Coordinator is kindly requested to plan and discuss the preparation on 26.08.19 regarding the said activity planned on 30.08.19, at 12:30 p.m. in the office of Students Welfare.

Copy to:
Dean Students Welfare
HOD, FCBS
Faculty and Student Coordinator

Shishir



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MINUTES OF MEETING

Ref. No.: MRIIRS/CLAN/LS/19-20/23

Dated: 26.08.19


A meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 26.08.19 at 12:30 p.m. in the office of Students Welfare regarding the event "Saving Environment" on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji". For the planned activity on Dandi March on 30.08.19.

The following member attended the meeting:

1. Dr. Neha Gupta, Faculty Coordinator
2. Dr. Swati, Faculty Coordinator
3. Dr. Arvind Dalal, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Dr. Arvind Dalal briefly discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans.

A Dandi March is organized to develop leadership and team building in students. A glimpse into the life of Gandhiji, by performing "Dandi March" like him. For auditorium the slots are booked and student's Coordinator together with the faculty Coordinator had visited it for the same.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Students Coordinator



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji

Ref. No.:MRIIRS/CLAN/LS/19-20/24


Dated: 13.09.19

It's a matter of pride for all of us at Manav Rachna family that for a noble cause where we strive ahead toward the conservation and management of Water for the generations to come. In this direction we had received overwhelming response from the participants and the organizers of the event.

In continuation with the Ref. No.: MRIIRS/CLAN/LS/19-20/19 dated 30.07.19, we wish to remind that under Manav Rachna Life Skill Program an activity on Say No to Plastic Usage and Slogan Writing under "Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji" is being organised. The participants of this event will become more responsible and in future they will be demonstrating the habit of giving with enhanced cognitive skills.

Activities Planned	Faculty Coordinator	Dates
Say No to Plastic Usage	Dr. Arvind Dalal	01.10.2019
Slogan Writing	Dr.Neha Gupta	01.10.2019

Registered students are advised to contact for these activities with their respective clans or can contact the undersigned.


Mr. Shishir Nigam
Clan Chief, Water Sharks
(9999261244)

Copy to:
Dean Students Welfare
Student Notice Board



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
The Dean Students Welfare
MRIIRS

Dated: 04.10.19

Subject: Report on "Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji"

With reference to the Strategic Perspective Plan of Students Welfare under Manav Rachna Life Skill Program, Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji was organized. 50 students attended the different activities conducted throughout the academic year 2019-20.

A detailed Report along with Attendance of students is attached for your kind reference and record.

Regards



Mr. Shishir Nigam
Clan Chief, Water Sharks

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report

On

Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji

Since Government of India celebrated 150th Birth Anniversary of Late Sh. Mohan Das Karam Chand Gandhi (Father of the Nation) on 2nd October, 2019, to pay homage to Late Sh. Mahatma Gandhi, an advisory was issued to every educational institution by the MHRD/AICTE to conduct the programs like Hindi Diwas; Dandi March; Fitness Movement etc.

Various activities were organized on the occasion of 150th Birth Anniversary of Mahatma Gandhi for the period from 09.08.19 to 01.10.19. The event commenced with Painting Competition on Gandhiji's life. The activity was held on 9th August 2019 from 2:00 - 4:00 p.m. 50 students from different clans participated. They made paintings in a team & also individually.

The movement "Dandi March - to Save Mother Earth" was organized at MRIIRS on 30th August 2019, 2.00 p.m. onwards in association with all the clans. More than 200 students and faculty members from Faculty of Engineering and Technology (FET) marched enthusiastically and showcased the unity for the respect of our beloved Father of Nation Late Sh. Mahatma Gandhi.

Plastics are a huge concern for the environment, and for our Mother Earth, so in order to protect it strict measures have to be taken. An initiative "Say No to Plastic Use" was taken to spread awareness regarding banning the use of single use plastic bags jute and paper bags was taken by All Clans under Manav Rachna Life Skill Program and Manav Rachna school charm wood on the occasion of 150th Gandhi Jayanti.

Students from both the college and school participated collectively and with their clan faculty went to different localities where they distributed more than 1000 jute bags and asked the people to take a pledge to ban the use of single use plastic bags and to promote BYOG i.e. bring your own bag. Jute bags were also distributed to many pedestrians, local vegetables vendors, house helpers, watch mans and other people.

Amis?



The motive of the Program was to promote a sense of awareness among people about the harms of single use plastic and benefits of the jute and paper bags. The activity was conducted under the supervision of respective clan chiefs and vice chiefs. The students were quite enthusiastic towards the cause and participated energetically. It's also noteworthy that the people being given the jute bags were also very generous and cooperated as much they could. Over all it was a great experience to support a cause like this and even the activity was well planned.

The objective behind this March was to sensitize the students and faculties of FET to take care of the fundamental elements of Earth - Air, Water, Forest and Wild Life for their social benefits. The students actively carried Indian Flags, posters and slogans related to social issues to share the thoughts of Late Sh. Mahatma Gandhi. All the activities in the event were to make students realize the importance of truth and responsibility towards nation and self. Lastly, we all look forward towards creating a better world for the generations to come, and carrying out awareness Programs for the respective concerns.





Dandi March - 30.08.19



Dandi March - 30.08.19

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Longitude-77.28558529842635
Say No to Plastic- Charmswood

Paper Bag Distribution, Say No to Plastic



Latitude-28.498607750543297
Longitude-77.28558529842635
Say No to Plastic- Charmswood

Paper Bag Distribution, Say No to Plastic

Anbi





Paper Bag Distribution, Say No to Plastic



Paper Bag Distribution, Say No to Plastic

Anshu





Latitude-28.498607750543297
Longitude-77.28558529842635
Say No to Plastic- Charmswood

Say No to Plastic



Latitude-28.498607750543297
Longitude-77.28558529842635
Say No to Plastic- Charmswood

Say No to Plastic

Amey



Attendance

Attendance of all the participants for the event "Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji"

S.No.	Names	Batch	Signature
1	YASH BHARDWAJ	2017	
2	EMIL DOMINIC JOSE	2017	
3	RISHAB MADHAN	2017	
4	CHIRAG GUPTA	2017	
5	NAMAN GUPTA	2017	
6	NEHA JANOTI	2017	
7	HIMANSHI SHARMA	2017	
8	SACHIN VIJ	2018	
9	RISHABH SHARMA	2018	
10	PRINCE SINGH	2018	
11	RISHABH SINGHLA	2018	
12	VISHESH KUMAR THAKUR	2018	
13	BHARAT MAGO	2018	
14	MADHUSUDHAN MISHRA	2018	
15	MANSUKH SINGH	2018	
16	KOTI JERUSHA	2018	
17	KUCHIBHOTLA SWARNA KRISHNAN	2018	
18	MEHAK KHATRI	2018	
19	SARVADE DEVESH RAO	2019	
20	BAISHALI PANDA	2019	
21	RIYA RAWAT	2019	
22	ROHAN SOOD	2019	
23	ARPIT PATHAK	2019	
24	GARVIT KUMAR	2019	
25	AAYUSH MEHTA	2019	
26	AAYUSH SINGH	2019	
27	ANKIT CHAUDHARY	2019	



Anil

28	PIYUSH JANGID	2019	Piyush
29	PARMINDER SINGH	2019	Parminder
30	RAJ DANGWAL	2019	Raj Dangwal
31	RITESH KUMAR	2019	Ritesh
32	AYUSH SINGH	2019	Ayush
33	V RUDRA	2019	VRudra
34	ANUSHKA ROY	2019	Anushka
35	SHIVAM RAJPOOT	2019	Shivam
36	RAGHAV ARORA	2019	Raghu
37	MANJEET SINGH	2019	Manjeet
38	NIKITA GUPTA	2019	Nikita
39	PRAVEEN JHA	2019	Praveen
40	ADITYA SHARMA	2019	Aditya
41	NIKHIL TYAGI	2019	Nikhil
42	CHIRAG MANGLA	2019	Chirag
43	DAWN	2019	Dawn
44	DENNIS	2019	Dennis
45	DEEPAK	2019	Deepak
46	RACHIT KHATRI	2019	Rachit
47	POSHAK	2019	Poshak
48	ASHUTOSH	2019	Ashutosh
49	BOBY SINGH	2019	Boby Singh
50	PARESH GUPTA	2019	Paresh

Arvind

Submitted by.
Mr. Arvind Dalal
Faculty Coordinator

Shishir

Validated by:
Mr. Shishir Nigam
Clan Chief, Water Sharks





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that _____

has actively participated in the Event **Saving Environment on the Occasion of Celebration of 150th Birth Anniversary of Mahatma Gandhiji** held from 09.08.2019 to 01.10.2019.

Clan Chief / Clan Vice Chief

Dean Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/06

Dated: 18.07.19

With Reference to Strategic Perspective Plan for the year 2019-20, a meeting has been planned on 19.07.19 at 3:00 p.m. in the office of Students Welfare for "Awareness Programs on **Water Conservation**".

All are requested to make it convenient to attend the same

1. Ms. Pinki Sagar, Faculty Coordinator
2. Ms. Pronika Chawla, Faculty Coordinator
3. Dr. Kalpana Varshney, FET, Faculty Coordinator
4. Ms. Satrupa, FBSS, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Slogan Writing Competition on **Save Water**

With this event we wish to make the youngsters brainstorm their thoughts and make their surrounding sensitized over this hot topic. At national level policies are being framed and executed in the same direction the decision makers of today should also be made aware of the real facts and sensitized. The students involved in the event **will learn leadership skills** and self-control. They will learn to express and communicate.

Agenda Item No 2: Water Security "**Run for Security**"

This national event will help in networking with the youngsters and other stakeholder who take pride in being part of this Run and share the belongingness with the Mother Nature.

Agenda Item No 3: Visit to Village to make them aware of **Water Conservation**

The importance of **water conservation** and health and hygiene associated with the **cleanliness of water** is to be made available with all the stakeholders. Irrespective of the fact that they belong to which ever strata of the society, the contribution matters. In this direction we must make people aware of the different ways and means for Water Conservation. The students involved in the event will learn leadership skills and self-control. They will learn to express and communicate.



Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Student Welfare
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/07

Dated:22.07.19

With reference to Ref. No.: MRIIRS/CLAN/LS/19-20/06, dated 18.07.19, a meeting was held under the Chairmanship of Clan Chief Water Sharks, Mr. Shishir Nigam on 19.07.19, at 3:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Ms. Pinki Sagar, Faculty Coordinator
2. Ms. Pronika Chawla, Faculty Coordinator
3. Dr. Arti Saxena, FET, Faculty Coordinator
4. Ms. Satrupa, FBSS, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Slogan Writing Competition on Save Water

With this event we wish to make the youngsters brainstorm their thoughts and make their surrounding sensitize over this hot topic. At national level policies are being framed and executed in the same direction the decision makers of today should also be made aware of the real facts and sensitize.

Agenda Item No 2: Water Security 'Run for Security'

This national event will help in networking with the youngsters and other stakeholder who take pride in being part of this Run and share the belongingness with the Mother Nature.

Members present had shown concern and shared their ideas to make these planed events successful. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.

Agenda Item No 3: Visit to Village to make people aware of Water Conservation

The importance of water conservation and health and hygiene associated with the cleanliness of wateris to be made available with all the stakeholders. Irrespective of the fact that they belong to which ever strata of the society, the contribution matters. In this direction we must make people aware of the different ways and means for Water Conservation.

Shishir



Students are the core of all the activities hence the maximum participation from them should be ensured at Clans level, departmental level and whole university level.



Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Awareness Programs on Water Conservation


Ref. No.: MRIIRS/CLAN/LS/19-20/08

Date: 22.07.2019

Improving productivity of irrigation water by efficient conveyance and its effective farm level use by adopting conservation agricultural practices. This is to notify that "Awareness Programs on Water Conservation" event has been planned from 01.08.19 under Manav Rachna Life Skill program, keeping in view the importance of water conservation and health and hygiene associated with the cleanliness of water. Prosperous India can be visualized only in the presence of healthy mind and soul in a healthy body, and water constitute such an important part of it, then it should be conserved and passed to next generations.

Activities Planned	Faculty Coordinator	Date/Time
Slogan Writing Competition on Save Water	Dr. Arti Saxena, FET	02.08.2019 2 nd August 2019 02:00 p.m.- 04:00 p.m.
Water Security "Run for Security"	Ms. Pinki Sagar and Ms. Pronika Chawla, FET	25 th August 2019 10:30 onwards
Visit to Village to make them aware of Water Conservation	Ms. Satrupa, FBSS	30 th September 2019

Interested students are requested to contact the coordinators of event at 9990640464 latest by 01.08.19


Mr. Shishir Nigam
Clan Chief, Water Sharks

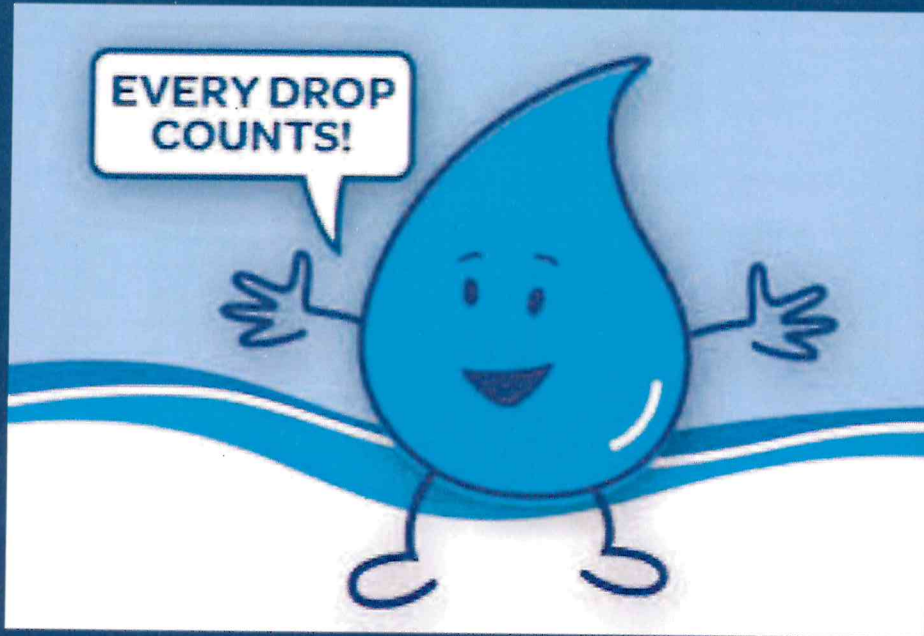
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Faculty Coordinators





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



Awareness Programs on Water Conservation

1 August - 30 September, 2019

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MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

INTER OFFICE MEMO

Ref. No.: MRIIRS/CLAN/LS/19-20/09

Dated: 26.07.19

From:
Mr. Shishir Nigam
Clan Chief, Water Sharks

To:
Dr. Arti Saxena
Faculty Coordinator

Subject: Awareness Programs on Water Conservation through Slogan Writing Competition on Save Water

Faculty Coordinator is kindly requested to plan and discuss the preparation on 29.07.19 regarding the said activity, planned on 2nd August 2019 at 12:00 p.m. in the office of Students Welfare.

Copy to:
Dean Students Welfare
HOD, AS, FET
Faculty and Student Coordinator



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MINUTES OF MEETING

Ref. No.: MRIIRS/CLAN/LS/19-20/10

Dated: 26.07.2019

A meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 29th July 2019 at 12:00 p.m. in the office of Students Welfare.

The discussion regarding the event Awareness Programs on Water Conservation through Slogan Writing Competition on Save Water on 02.08.19 was held.

The following member attended the meeting:

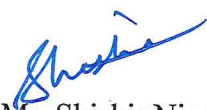
1. Dr. Arti Saxena, Faculty Coordinator
2. Ms Pinki Sagar, Faculty Coordinator
3. Ms. Pronika Chawla, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Dr. Arti Saxena briefly discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans.

This slogan writing competition will be organized to sensitize the participants to keep in mind the importance and their own contribution towards the noble cause. In this way the students will become more attentive and responsible towards the cause of the event.

More than 100 students were contacted and motivated to participate in the event.

She confirmed that auditorium preparation is on and students and Coordinators are coordinating well.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

INTER OFFICE MEMO

Ref. No.: MRIIRS/CLAN/LS/19-20/11

Dated: 14.08.19

From:
Mr. Shishir Nigam
Clan Chief, Water Sharks

To:
Ms. Pinky
Faculty Coordinator

Ms. Pronika
Faculty Coordinator

Subject: Awareness Programs on Water Conservation "Run for Security"

Faculty Coordinators are kindly requested to plan and discuss the preparation on 16.08.19 regarding the said activity planned on 25.08.19, at 12:30 p.m. in the office of Students Welfare.

Copy to:
Dean Students Welfare
HOD, CSE, FET
Faculty and Student Coordinator

Shishir



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MINUTES OF MEETING

Ref. No.: MRIIRS/CLAN/LS/19-20/12

Dated: 16.08.19

A meeting was held under the Chairmanship of Mr. Shishir Nigam, Clan Chief, Water Sharks on 16.08.19 at 12:30 p.m. in the office of Students Welfare.

Regarding the event Awareness Programs on Water Conservation we planned to conduct a Run for Security activity on 25.08.19.

The following member attended the meeting:

1. Dr. Arti Saxena, Faculty Coordinator
2. Ms Pinki Sagar, Faculty Coordinator
3. Ms. Pronika Chawla, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Ms. Preeti and Ms. Pronika discussed the preparation and participants details for the event. It was suggested that for the active and maximum participation the students should be given the opportunity to get registered themselves for the event with their respective Clans.

An activity "Run for Security" is planned with the "Awareness on Water Conservation" with a cause to spread awareness to not to waste water and preserve it.

For transport, transport in-charge is informed.

Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Clan Vice Chief, Water Sharks
Faculty and Students Coordinator



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Awareness Programs on Water Conservation

Ref. No.: MRIIRS/CLAN/LS/19-20/13

Dated: 16.08.2019


It's a matter of pride for all of us at Manav Rachna family that for a noble cause where we strive ahead toward the **conservation and management of Water** for the generations to come. In this direction we had received overwhelming response from the participants and the organizers of the event.

In continuation we wish to remind that under Manav Rachna Life Skill Program an "Awareness Programs on Water Conservation". We should strive towards making everyone feel the importance of Water Conservation with small steps in our daily life. We wish to participate in this event as with the rising temperature ice on glaciers is melting but drinkable water is not available with everyone on the earth through the taps.

The participants of this event will Run for the cause and make others aware about their responsibility of Water conservation and make more people join for the cause.

Activities Planned	Faculty Coordinator	Dates
Run for Security	Ms. Preeti and Ms. Pronika	25.08.19

Registered students are advised to contact the faculty coordinators at 9999261264 for this activity by 22.08.19.


Mr. Shishir Nigam
Clan Chief, Water Sharks

Copy to:
Dean Students Welfare
Student Notice Board



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

To
Dean Students Welfare
MRIIRS

Dated: 27.08.2019

Subject: Report on "Awareness Programs on Water Conservation"

With Reference to Strategic Perspective Planning of Life Skills, an event with reference number MRIIRS/CLAN/LS/19-20/06 was planned. 60 students actively participated in all the activities of the event and **inculcated with the social responsibility of water conservation.**

Regards



Mr. Shishir Nigam
Clan Chief, Water Sharks

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Report

On

Awareness Programs on Water Conservation

Under Manav Rachna Life Skill program “Awareness Programs on Water Conservation” was planned from 01.08.2019 to 30.09.2019. The very first activity on Water conservation was held on 2nd August 2019. There was a Slogan Writing Competition for students, organized by in AF-21. Students from different Clans have also participated in the Slogan Writing Competition. 60 students actively participated in the various activities of this event. They made posters, charts as per their choice. Students & faculty have also taken pledge on water conservation. Total number of participations who attended the event was 60.

Inspired by the Hon’ble Prime Minister’s impetus on Jal Sanchay, the Jal Shakti Abhiyan (JSA) is a time-bound, mission-mode water conservation campaign spread across the country. The JSA aims at making water conservation a Jan Andolan through asset creation and extensive communication.

Following this movement, the mission of ‘Run for Water’ is to create awareness on the benefits of water conservation. The event was supported by eminent personalities - Mr. Amitabh Bachhan, Mr. Aamir Khan, Mr. Bhaichung Bhutia, Mr. Milind Gaba and many more.

A run on water conservation under ‘Run for security’ initiative taken by clans under MRLSP on 25th August 2019 under Manav Rachna Life Skills Programme in association with Department of Students Welfare. The faculty members and students of Water Sharks participated with full zeal and enthusiasm. This was done to sensitize the public gathering about water conservation, plantation, environment protection and conservation of natural resources. The students showed lot of interest and enthusiasm and all of them took a vow to recycle water and also promised not to waste the drinking water. Students created awareness by carrying flags and slogans to save and conserve water during the RUN.

Shweta

1



“Life depends on water, the reservoir depends on you.”

The students of Clan Water-Sharks went to N.S. Vidya Mandir Senior Secondary School, Sector 78, Greater Faridabad in a Village, located at the outskirts of Faridabad on 30 September, 2019 to spread the message of water conservation amongst the students.

The objective of the session was to deliberate the minds of the students at the tender age on using water wisely so that we have a secure source of drinking water for many years to come.

The class had 50 students, 2 teachers and the non-teaching staff. The class comprised both boys and girls as it was a co-ed school. Everybody was a part of the session and this resulted in the diversity of answers and responses during the session.

The session commenced with the introduction of the team to all the students. Following the introduction, the session progressed with airing a question on what is life without water, to which a response from a student, “life is nothing without water, as our daily life chores are dependent on it”, the facilitator further added on to the response by sharing the relevance of water conservation and the long term consequences that the upcoming generation has to bear if no action is taken now and how groundwater is going to reach level zero soon. This led to the discussion among students how water conservation is the high need and the depletion is at an alarming rate. The facilitator thoroughly analyzed the number of the students and the existing resources available to effectively demonstrate the message of water conservation. The facilitator used the limited resources available to explain the relevance of water and its conversation among students by using boards and markers to demonstrate how a single drop of water is indicative of significant worth and the loss of which is irreversible to rectify. However, the students belonged to higher grades the concept of rain water harvesting was reiterated to reinforce the students into inculcating the habit of water conservation. The facilitator also observed that students’ environment was filled with graffiti and teachings of water conservation and the values of water but ironically it wasn’t into practice. The students were taken to a small tour inside the school and the hotspots of saving water were identified and the least they can do on their part for using and saving water at school. The following tips were shared with the students such as collecting excessive water and using it wisely, and disposing the used water in the gardens to water the plants, and also the methods where at a single time of dispensing water,

Shiv



it can be used multiple times also leading to saving water.

The discussion led to the deteriorated condition of available groundwater because of numerous factors such as releasing of the untreated harmful effluents by factories, dumping of non-biodegradable waste and excessive use of single plastic which chokes the way for ground water. Therefore, the submersible installed to deliver water thereafter started pumping out contaminated water due to which water purifiers have become dispensable in our daily life. The facilitator also synchronized the existing Delhi Government pledge to conserve water by devoting little time from our busy schedules and pay heed to conserving water and doing the least preventing our state from reaching zero level of ground water. Thereafter, at the end of the session all the students, staff and the facilitators took a pledge to conserve water. The students involved learnt leadership skills, self control, communication skills and the basics of valuing whatever the nature has gifted us.

Shubhi





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Run for Security-Gurugram

Run for security



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Run for Security-Gurugram

REDMI NOTE 5 PRO
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Run for security

Shashi





Run for security

Chunni



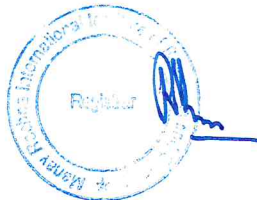


Run for security



Run for security

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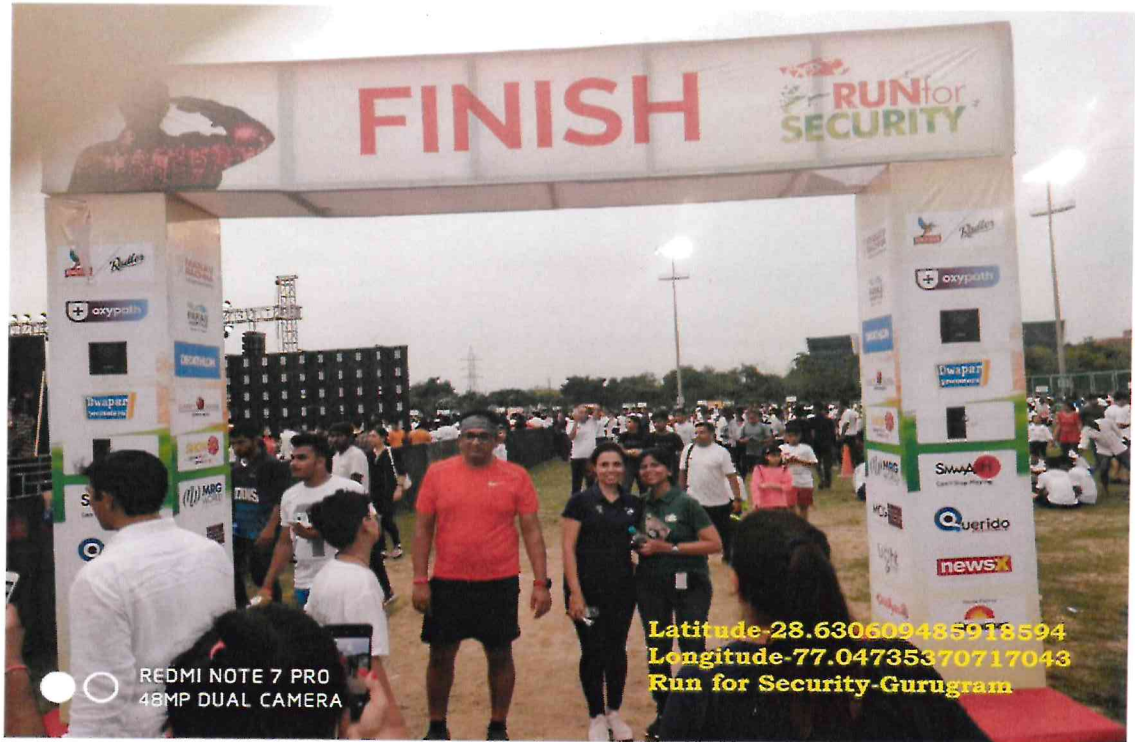
Awareness on Water Conservation



Awareness on Water Conservation

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Run for security



Run for security

Shishu



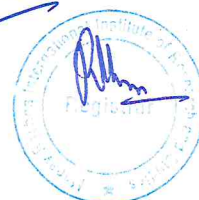
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Attendance

Attendance of all the participants for Awareness Programs on Water Conservation

S.No.	Name	Batch	Signature
1	SWAROOP CHAND	2016	<u>Swaroop</u>
2	SATYADEV YADAV	2016	<u>Satyadev</u>
3	VIKRAMA SINGH	2016	<u>Vikram</u>
4	RAJ KUMAR BHATI	2016	<u>Raj Kumar</u>
5	CHITRARTH MADAN	2017	<u>Akash</u>
6	AKASH SUNEJA	2017	<u>Suneja</u>
7	SHUBHAM BHARGAVA	2017	<u>Shubham</u>
8	ARYAN BHATIA	2017	<u>ARYAN</u>
9	DAKSH CHOUDHARY	2017	<u>Daksh</u>
10	SOLOMON S JOSEPH	2017	<u>Rij</u>
11	SAKSHI	2018	<u>SAKSHI</u>
12	DEVANSHU RANA	2018	<u>Devanshu</u>
13	MUKUL KUMAR	2018	<u>Mukul</u>
14	SHERWIN DAVIS	2018	<u>Sherwin</u>
15	CHALSI SHARMA	2018	<u>Chalsi</u>
16	RITIKA NIRWAN	2018	<u>R.Nirwan</u>
17	ASHUTOSH SHARMA	2018	<u>As</u>
18	UDAY SINGH CHAUHAN	2018	<u>Uday Singh</u>
19	SATISH MAURYA	2018	<u>SATISH</u>
20	RISHIKA ARORA	2018	<u>Rishika Arora</u>
21	ISHITA GUPTA	2018	<u>Ishita</u>
22	RAHUL TYAGI	2018	<u>Ra</u>
23	PUSHKAR ANEJA	2018	<u>Pushkar</u>

7





24	SHUBH GAUR	2018	Shubh
25	SHALINI SINDHANI	2018	Shalini
26	ADITYA	2018	Aditya
27	SHUBHAM SHARMA	2018	Shubham
28	NEHA	2018	Neha
29	SUNIT BASAK	2018	Sunit
30	HARSHIT VAISH	2018	Harshit
31	SAURAV KAUSHIK	2018	Saurav
32	SHIVAM SHARMA	2018	Shivam
33	DISHA PAHUJA	2018	Disha Pahuja
34	ABHYUDAYA SINGH	2018	Abhyudaya
35	UDIT OBERAI	2018	UDIT
36	AAKARSH SHARMA	2018	AS
37	KAVYA CHAUHAN	2019	Kavya
38	SAMRIDHI MEHTA	2019	Samridhi
39	DIVYA SAINI	2019	Divya
40	AAYUSH SHADIJA	2019	Ayush
41	M AKHILESH	2019	M
42	ABHIJITH HARI KUMAR	2019	Abhijit
43	GAURANG TOMAR	2019	Gaurang
44	V RUDRA	2019	V
45	ANUSHKA ROY	2019	Anushka
46	MAYANK BHARDWAJ	2019	MAYANK
47	ROHIT	2019	Rohit
48	IMROZ NABI	2019	IMROZ
49	ABHIJAY DEKA	2019	Abhijay

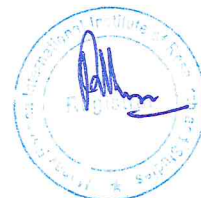
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50	RITI AJAY	2019	
51	AYUSH WADHERA	2019	
52	SAHIL NEHRA	2019	
53	BIKRAMJEET SINGH ARORA	2019	
54	SIDHARATH KOTWAL	2019	
55	BHUPENDER KHATANA	2019	
56	GAURAV CHOKKAR	2019	
57	VIVEK GOYAL	2019	
58	YUVRAJ SHARMA	2019	
59	VAIBHAV SWAMI	2019	
60	PARMAR MEHUL MOHAN SINGH	2019	


Submitted by:
Dr. Arti Saxena
Faculty Coordinator


Validated by:
Mr. Shishir Nigam
Clan Chief, Water Sharks





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

has actively participated in the Event **Awareness Programs on Water Conservation** held from 01.08.2019 to 01.09.2019.

Clan Chief / Clan Vice Chief

Dean, Students Welfare

MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MEETING NOTICE

Ref. No.: MRIIRS/CLAN/LS/19-20/01

Dated: 17.06.19

With Reference to Strategic Perspective Plan for the year 2019-20, a meeting has been planned on 21.06.2019 at 2:00 p.m. in the office of Students Welfare for the event "Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility".

All are requested to make it convenient to attend the same.

1. Dr. Priyanka Singh, FMS, Faculty Coordinator
2. Dr. Arti Saxena, FET, Faculty Coordinator
3. Mr. Narender Suhag, Hotel Management, Faculty Coordinator
5. Ms. Anjali Bainsla, Clan Student Coordinator
6. Ms. Aditi Jain, Clan Student Coordinator
7. Ms. Rishika Arora, Clan Student Coordinator
8. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: Visit to Village specifically the government school of Nariyala Village

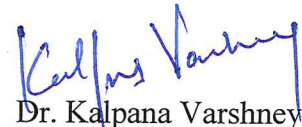
This event will aim towards planting in these Villages in collaboration with Horticulture Wing for reaching the core of rural and semi urban areas. Plantation sites will include outer boundaries of Village ponds as well as Government School.

Agenda Item No 2: Meeting with Village Sarpanch / Panchayat functionaries regarding water conservation

This interactive session in each Village will be held to apprise them regarding water conservation measures including rain water harvesting and preventing run off during rainy season and literacy to ensure zero dropout rates from schools.

Agenda Item No 3: Sanitation Program and sensitized Village people to ensure open defecation free Village.

This initiative will aim towards sanitation Program and sensitizing Village people to ensure open defecation free Village.



Dr. Kalpana Varshney
Clan Chief, Forest Rhinos

Copy to:
Dean Students Welfare
Clan Vice Chief, Forest Rhinos
Faculty and Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

Minutes of the Meeting

Ref. No.: MRIIRS/CLAN/LS/19-20/02

Dated: 24.06.19

With reference to Ref. No.: MRIIRS/CLAN/LS/19-20/01, 17.06.19, a meeting was held under the Chairmanship of Dr. Kalpana Varshney, Clan Chief, Forest Rhinos on 21.06.19 at 2:00 p.m. in the office of Students Welfare.

The following members attended the meeting:

1. Dr. Priyanka Singh, FMS, Faculty Coordinator
2. Dr. Arti Saxena, FET, Faculty Coordinator
3. Mr. Narender Suhag, Hotel Management, Faculty Coordinator
4. Ms. Anjali Bainsla, Clan Student Coordinator
5. Ms. Aditi Jain, Clan Student Coordinator
6. Ms. Rishika Arora, Clan Student Coordinator
7. Ms. Ishita Gupta, Clan Student Coordinator

Agenda Item No 1: **Visit to Village** specifically the government school of Nariyala Village

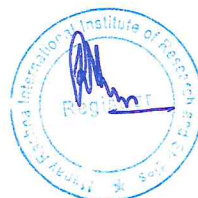
It was discussed that plantation should be done in the village in collaboration with Horticulture Wing for reaching the core of rural and semi urban areas. Plantation sites including outer boundaries of village ponds as well as Government School should be well taken care of.

Agenda Item No 2: Meeting with Village Sarpanch / Panchayat functionaries regarding **water conservation**

The interactive session in village to apprise them regarding water conservation measures including rain water harvesting and preventing run off during rainy season was discussed and also ways to educate villagers on different ways to ensure zero dropout rates from schools were formulated.


Agenda Item No 3: **Sanitation Program** and sensitized Village people to ensure open defecation free Village. Discussion towards Sanitation Program and Sensitizing Village people to ensure open defecation was done. Suggestions regarding different ways to ensure awareness were given by all Faculty Coordinators.

Member present had shown concern and shared their ideas to make these planed events successful. Clan Chiefs and Vice Chiefs thanked all the members for their valuable suggestions and inputs.



Kalpana

Students are the core of all the activities hence the maximum participation from them should be ensured at Clans level, departmental level and whole university level.


Dr. Kalpana Varshney
Clan Chief, Forest Rhinos

Copy to:
Dean Students Welfare
Clan Vice Chief, Forest Rhinos
Student Coordinators



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

NOTICE

Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility


Ref. No.: MRIIRS/CLAN/LS/19-20/03 Date: 29.06.2019

Tree plantation is to save the endangered environment and to beautify our life. Trees are valuable gifts of nature. They are known as the best friends of human beings. Importance of planting and saving trees and generating a concern to the environment, and diminish the unfavorable effects of climate change. This is to notify that Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility” has been planned from 01.07.2019 to 30.09.2019 under Life Skills of MRIIRS, keeping in view the importance of the trees and their contribution in the environment protection and clean air. We should be doing the plantation Program under ‘One Student One Tree’.

Activities Planned	Faculty Coordinator	Time/Date
Visit to Village specifically the government school of Nariyala Village	Dr. Arti Saxena, FET	9:00-10:00 am 01.07.2019
Meeting with Village Sarpanch / Panchayat functionaries regarding water conservation	Dr. Priyanka Singh, FMS	10:00-11:00 am 01.08.2019
Sanitation Program and sensitized Village people to ensure open defecation free Village	Dr. Priyanka Singh, FMS	11:00 a.m.-12:00p.m. 30.09.2019

Interested students are requested to contact the Coordinators of the event at 9958341118 latest by 20.06.19.

Clan Chief, Forest Rhinos →


Dr. Kalpana Varshney
Clan Chief, FR

Copy to:
Student Notice Board
Dean Students Welfare
Faculty Coordinators





MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

MANAV RACHNA LIFE SKILL PROGRAM



THREE MONTH PROGRAM ON ONE STUDENT ONE TREE - PLANTATION PROGRAM: ENVIRONMENTAL RESPONSIBILITY

1 July - 30 September, 2019



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

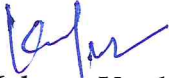
To
Dean Students Welfare
MRIIRS,
Faridabad

Dated: 01.10.19

Subject: Report on "Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility"

With Reference to Strategic Perspective Planning of Life Skill Program under MRIIRS, an event with Reference number: MRIIRS/CLAN/LS/19-20/01 was planned during 01.07.19 to 30.09.19. 70 registered students actively participated in the event. This event was organized keeping in view the mission of reforestation and conservation which will definitely help in building a green and pollution free society and socially responsible citizens for the world.

Regards



Dr. Kalpana Varshney
Clan Chief, Forest Rhinos

Enclosures:

1. Detailed Report
2. Attendance



MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

**Report
on
Three Month Program on One Student One Tree - Plantation Program: Environmental
Responsibility**

Under Manav Rachna Life Skill program “Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility” event was planned from 01.07.2019 to 30.09.2019 to visit Villages Nariyala.

The students left the campus at 10:30 a.m. on 1st July 2019 for Nariyala Village. The aim of this visit was to do plantation under One Student One Tree Program. The students interacted with around 100 under privileged students and Villagers of that school where they conducted different activities to make them aware about the need of the Program. The plantation Programs are done with a hope that a plant is seeded today leading us towards a better and healthy earth today and a sustainable environment in future. This is in line with the Ministry of Human Resources Development (HRD) Campaign towards planting of one million trees and saving of one liter of water every day by each of us.

This mission of reforestation and conservation will definitely help in building a green and pollution free society and socially responsible citizens for the world. Plantation was done in these Villages in collaboration with Horticulture Wing. Plantation sites included outer boundaries of Village ponds as well as Government School. MRIIRS students along with government school students planted trees at various sites.

On 1st August 2019, at 10:00 a.m. students of MRIIRS left the campus for another very important activity under the event Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility. A meeting of students was arranged with Village Sarpanch / Panchayat functionaries for a small interactive session in each Village to apprise them regarding water conservation measures including rain water harvesting and preventing run off during rainy season and literacy to ensure zero drop out rate from schools. Various videos related to water conservation were shown to apprise Sarpanch about latest techniques and models to implement water conservation.

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On 30th September 2019, the students who had registered for the event left the premises at 11 a.m. Students took part in sanitation Program and sensitized Village people to ensure open defecation free Village. Merchandize like key chains, mugs, crayons and sketch pens were distributed to the school students after various activities.

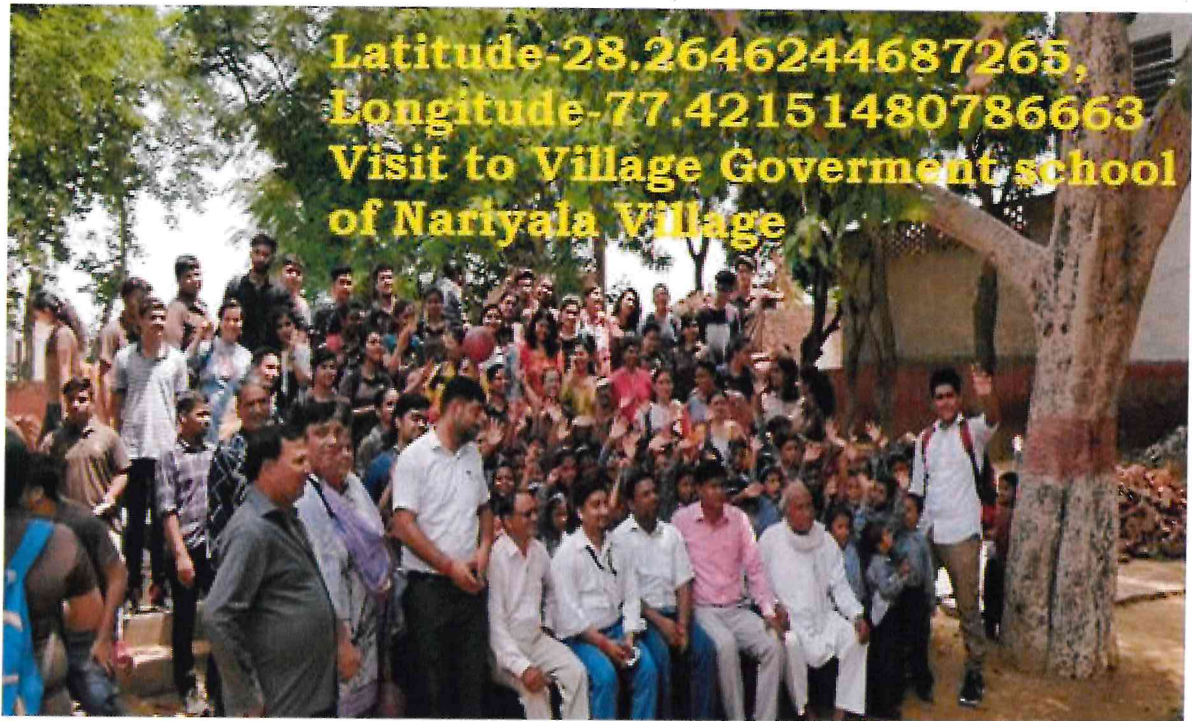
Students visited Anganwadi School in Village Nariyala and interacted with KG level students. Students shared some drawing tips with the students which were followed by the dance activity. Students who danced well were given a token of appreciation. Students also had a golden opportunity to meet the Sarpanch of the Village- Mr. Yogandra Kaushik, the students and faculty explained the drawbacks of open defecation to all and urged the Villagers to use toilets which are formed in their houses. Students also explained how open-defecation can pollute water. To conserve water, we must avoid open defecation.

Prerna





Three Month Program on One Student One Tree - Plantation
Program: Environmental Responsibility



Three Month Program on One Student One Tree - Plantation
Program: Environmental Responsibility





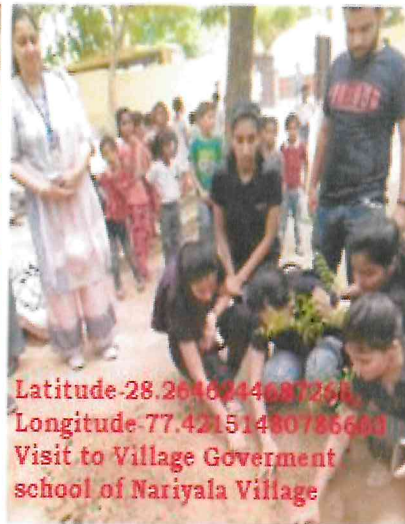
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Visit to Village Government school
of Nariyala Village

**Three Month Program on One Student One Tree - Plantation
Program: Environmental Responsibility**

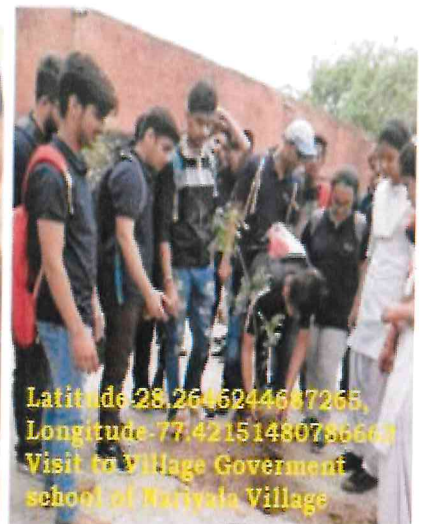




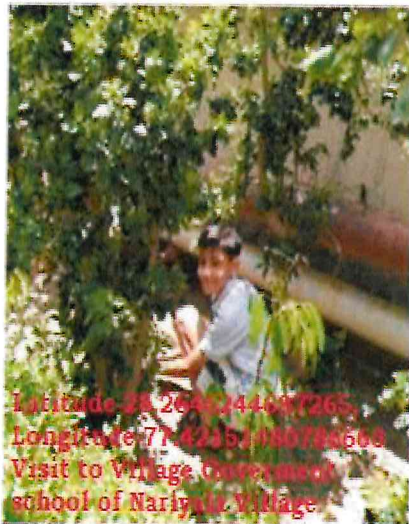
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Visit to Village Government
school of Nariyala Village



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school of Nariyala Village



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Visit to Village Government
school of Nariyala Village



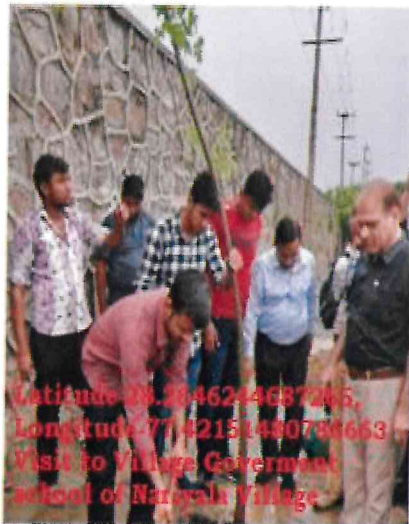
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Visit to Village Government
school of Nariyala Village



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school of Nariyala Village



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Visit to Village Government
school of Nariyala Village

Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility



Attendance Sheet

Attendance of all the participants for "Three Month Program on One Student One Tree -
Plantation Program: Environmental Responsibility"

S.No.	Name	Batch	Signature
1	MANSI GULATI	2016	<i>Mansi Gulati</i>
2	ANSHUMAN SINGH	2016	<i>AS.</i>
3	DIPESH KUMAR SINGH	2017	<i>Dipesh</i>
4	SAMBHAV WADHWA	2017	<i>Sambhav</i>
5	SUPRIYA KUMARI	2017	<i>Supriya</i>
6	PRINCE MEHTA	2018	<i>Prince</i>
7	NIKHIL WADHWA	2018	<i>Nikhil</i>
8	HARSH GAUR	2018	<i>Harsh</i>
9	VISHAL	2018	<i>Vishal</i>
10	MAANYA MANOCHA	2018	<i>MM</i>
11	SHASHANK RANJAN	2018	<i>Shashank</i>
12	ABHISHEK BAJAJ	2018	<i>Abhishek</i>
13	SAURAV PANDA	2018	<i>Saurav</i>
14	KULJOT SINGH	2019	<i>Kuljot</i>
15	SHIVAM JAISWAL	2019	<i>Kuljot</i>
16	Y ZAKIR ZAKIR FAKRUDDIN	2019	<i>SHIVAM</i>
17	YOGESH VATS	2019	<i>Yogesh</i>
18	VIDUSHI SINGHAL	2019	<i>Vidushi</i>
19	CHANSI PAL	2019	<i>Chansi</i>
20	KAVYA CHAUHAN	2019	<i>K</i>
21	SAMRIDHI MEHTA	2019	<i>Sam</i>
22	DIVYA SAINI	2019	<i>Divya</i>
23	AAYUSH SHADIJA	2019	<i>Aayush</i>
24	M AKHILESH	2019	<i>Akilesh</i>

6 *Kayroz*



25	ABHIJITH HARI KUMAR	2019	ABHIJITH
26	GAURANG TOMAR	2019	G. Tomar
27	V RUDRA	2019	V. Rudra
28	ANUSHKA ROY	2019	Ana
29	MAYANK BHARDWAJ	2019	M
30	ROHIT	2019	Rohit
31	IMROZ NABI	2019	Imroz
32	ABHIJAY DEKA	2019	AB: X
33	RITI AJAY	2019	Riti
34	AYUSH WADHERA	2019	Ayush
35	SAHIL NEHRA	2019	Sahil
36	BIKRAMJEET SINGH ARORA	2019	BSK
37	SIDHARATH KOTWAL	2019	S
38	BHUPENDER KHATANA	2019	B
39	GAURAV CHOKKAR	2019	Gaurav
40	VIVEK GOYAL	2019	Vivek
41	YUVRAJ SHARMA	2019	Yuvraj
42	VAIBHAV SWAMI	2019	Vaibhav
43	PARMAR MEHUL MOHAN SINGH	2019	PMehul
44	VIVEK GOYAL	2019	Vivek
45	XAVIER JAISON	2019	Xavier
46	AANYA SHARMA	2019	Aanya
47	SAIF ALI AHMED	2019	Saif
48	SHAILENDRA YADAV	2019	S. Yadav
49	SURYANSH TYAGI	2019	S
50	MANU KAUSHIK	2019	M
51	ARYAN KATOCH	2019	A
52	PARIDHI SHARMA	2019	Paridhi



53	HITESH LOR	2019	Hitesh.
54	YASH SHARMA	2019	Yash
55	AMARENDRA PRATAP SINGH	2019	Amarendra
56	VINISHA SINGH	2019	Vinisha.
57	DIVYA	2019	Divya
58	TEHAK MOTHSRA	2019	Tehak
59	ROHAN RAJ	2019	Rohan
60	AKULA SHREYA	2019	Akula
61	VANSHIKA BOHRA	2019	Vanisha
62	SATENDER KUMAR	2019	Satender
63	PRADIP DAS	2019	Pradip
64	ASHOK	2019	Ashok
65	EASHAN SHARMA	2019	Eshan
66	VISHWDEEP SINGH	2019	Vishwdeep
67	SHRESHTHA RANA	2019	Shreshtha
68	SAPNA KUSHWAHA	2019	Sapna
69	YASH BHARDWAJ	2019	Yash
70	ANJALI	2019	Anjali

Submitted by:
Dr. Arti Saxena
Faculty Coordinator

Validated by:
Dr. Kalpana Varshney
Clan Chief, Forest Rhinos





Manav Rachna International Institute of Research and Studies

Manav Rachna Life Skill Program

Certificate of Participation

This is to certify that

_____ has actively participated in the Event **Three Month Program on One Student One Tree - Plantation Program: Environmental Responsibility** held from 01.07.2019 to 30.09.2019.

_____ Clan Chief / Clan Vice Chief

_____ Dean Students Welfare