

Ref. No. **MRIIRS/Acad./2021/241(i)**

**Dated: 12<sup>th</sup> July, 2021**

To

**All Deans/Director of Faculties**

Subject : **Policy and Standard Operating System for the Academic Year 2021**

Please find attached Policy and Standard Operating System for the Academic Year 2021 regarding Smoking Free Campus for your information and compliance.



**REGISTRAR**

CC :

ES to VC -For kind information of VC.

**MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES**

(Deemed to be University under Section 3 of the UGC Act, 1956)

(NAAC Accredited 'A' Grade)

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**MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH  
AND STUDIES**

**(FORMERLY MANAV RACHNA INTERNATIONAL UNIVERSITY )**  
Deemed to be University under section 3 of the UGC Act,1956

**SMOKING FREE CAMPUS**  
**(Policy and standard Operating Procedure)**

**Academic Year 2021**



## MANAV RACHNA INTERNATIONAL INSTITUTE OF RESEARCH AND STUDIES

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**Background:** It is well recognized that smoking has health concerns. Research indicates that tobacco use, including smoking and exposure to second hand smoke, poses a substantial health risk. Additionally, smoking contributes to institutional expenses such as fire damage, cleaning and maintenance, as well as employee absenteeism, health care, and medical insurance costs. The Manav Rachna International Institute of Research & Studies (MRIIRS) promotes the health of its students, employees, contractors, and visitors. There is conclusive evidence that smoke-free workplaces enhance the rate of smoking cessation and decrease the number of new smokers.

### Policy Statement

- Everyone on campus at Manav Rachna International Institute of Research & Studies (MRIIRS), Faridabad, is entitled to an atmosphere free of second hand smoke that promotes their health and safety. MRIIRS is committed to providing a smoke-free campus for the health and safety of all students, staff, and visitors. Accordingly, smoking is strictly prohibited on all university-owned and -operated grounds, both indoors and out.
- University Health Service and the Psychological Counselling Service in the Faculty of Behavioral and Social Sciences (FBSS) offers a variety of programs and services to help people to stop smoking.
- All University-owned cars and outdoor areas will be updated with new "No Smoking" signage or the international symbol for "No Smoking."
- Tobacco products of any kind, including cigarettes, e-cigarettes, cigars, cigarillos, pipes, beedies, kreteks, water pipes, bongs, and hookahs, are not permitted on campus.
- No tobacco-related advertising or sponsorship is allowed on university-managed property, including on campus or at athletic venues, at university-sponsored events, or in university-published materials.
- The institution recognizes that quitting smoking is a major challenge for many people due to the habit's addictive qualities and the difficulty associated with doing so. The MRIIRS is committed to helping its students kick the habit and will provide them with resources including smoking-cessation classes, easy access to nicotine replacement therapy, and professional guidance.
- Respect for others is essential during the transition to a smoke-free campus, including respect for smokers. You should calmly and respectfully tell smokers to go outside if they want to light up.
- The campuses will be patrolled on a regular basis by security personnel. Anyone caught smoking in violation of the aforementioned policy will be asked to stop immediately and informed of the need to comply with this procedure. Non-compliance with this procedure shall result in disciplinary action for employees, students, and contractors.

### **Smoking is prohibited at**

This includes but is not limited to all buildings across campuses, classrooms, lecture hall, laboratories, offices, work areas, study areas, reception areas, meeting rooms, lobbies, stairwells, elevators, eating areas, and hostels

- Fields, open land areas, parking lots and garages, athletic fields, tracks, outdoor paths, and roads
- All vehicles owned and leased by the University or its affiliated organizations

Those hosting and attending public events on university-managed property, such as conferences, meetings, lectures, social gatherings, cultural events, and athletic events, must adhere to the MRIIRS Smoke-Free Policy. The event planners have the duty to inform the participants of this rule.

### **Applicability**

Faculty, employees, students, volunteers, trainees, supplemental staff employed through contract agencies or outside trade unions, vendors, guests, and visitors are all included in the scope of this policy's applicability.

### **Responsibility**

To ensure this policy is followed consistently across the MRIIRS campus, everyone involved must treat each other with dignity and respect and work together.

**NO  
SMOKING**







**CAUTION!**

**NO SMOKING  
HERE**

# Health Risks of Smoking Clove Cigarettes



**Acute lung damage**



**Nicotine addiction**



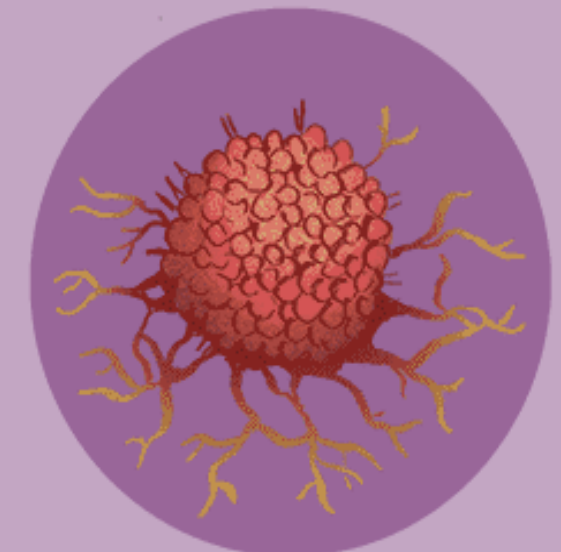
**Heart disease**



**Nausea**



**Accelerated heart rate**



**Cancer**





**MANAV  
RACHNA**

[[vidyanatariksha]]

**SMOKE FREE**

**CAMPUS**



**TOGETHER WE CONTRIBUTE BE AS  
HEALTHY AND CLEAN ENVIRONMENT.**