

**Access to physical health-care services including  
information and education services**

MRIIRS is having in house facility of clinical Out patient departments of physiotherapy, Nutrition and Dietetics, Dental and Psychology.

**Physiotherapy OPD:** The specialized OPDs in the form of Cerebral Palsy Clinic, Stroke Clinic, Geriatric Clinic, Sports Injury Clinic, and Diet and Nutrition Clinic is in campus to facilitate the inpatient and outpatient. Other specialized OPDs is run at the department from time to time in the form of clinical weeks. All clinics are supported by well-equipped equipment. Faculty of Applied Sciences has collaboration with Gerlev PE & Sports Academy, Denmark; Lahti University of Applied Sciences, Finland; Laurea University of Applied Sciences, and many more.



### Physiotherapy OPD

**Diet and Nutrition clinic:** The objective of Diet and Nutrition clinic was to provide nutrition support with regard to nutritional assessment, nutritional awareness, providing guidelines to prevent communicable and non-communicable disease and providing treatment of various metabolic disorder. Many patients of different ailments were catered such as hypothyroidism, diabetes, kidney disorder, liver disorder, hyperlipidaemia, hypertension, obesity, weight gain and many more. Health camps are organized at regular intervals to different areas of Delhi, NCR so as to reach out

to those people who are unable to visit in OPD. In camps, we provide free consultation and assessments to people who are in need. We explain them about their conditions and guide them dos and don'ts with nutrition perspective.



**Diet and Nutrition Clinic**

**Dental OPD:** Dental Department has a unique state-of-the-art facility in itself, housing a perfect combination of high-end technology. A team of highly skilled and experienced Doctors meet all dental needs in specialized area of orthodontics and Dentofacial orthopaedics, periodontology, prosthodontics, oral pathology & microbiology, conservative dentistry and endodontics, paediatric and preventive dentistry, oral medicine and radiology, oral & maxillofacial surgery, public health dentistry. From July 2022 till August 2023, the number of patients treated in **Dental OPD** were nearly **117837**.



## Dental OPD



## Dental Services

**Psychology OPD:** मनोवृत्ति Counselling and Wellness Centre by the Department of Applied Psychology is a hub that provides guidance and counselling support to MREI family. The centre works keeping in mind the realities of life and the challenges faced by students, faculty and staff. The centre is functional at BG-15, B-Block, Manav Rachna International Institute of Research and Studies (MRIIRS). The centre provides various services to its clients to support and enhance their psychological well-being, some of the services are Individual and group Counselling, Psychological Testing, Career exploration and counselling, Hypnotherapy, Consultation services for family members and faculty with regard to particular students, within the boundary of confidentiality, Training for competent students and para-professionals under proper supervision.

### **Other Collaborations:**

The University's goal is to increase its global impact by forming strong collaborations. MRIIRS collaborates with a variety of **NATIONAL HEALTH ORGANISATIONS**, including the Red Cross, Special Olympics Bharat, Fit India, India; Sports, Physical Education, Fitness & Leisure Skills Council-SPEFL-SC; Sports Next, India; Galactus Funware Technologies Pvt Ltd-MPL; ICAR-Indian Institute of Millets Research; Paras Hospitals, Gurugram; Nutra Supplements and The National Institute of Food Technology, Entrepreneurship and Management, Sonipat. The National Collaborative goal is to advance health equity by utilising data, cultivating leaders, and igniting

collaborations among the numerous sectors that are jointly accountable for constructing a more just and equitable society. **Dental sciences** collaborated with Balaji Dental and Craniofacial Hospital Chennai for academic and clinical training of the students.

**More than twenty** of the greatest **hospitals** in the area have joined together to provide MRIIRS's for providing the clinical tie-ups and internships to the students. Students, faculty, schoolchildren, villagers, societies, and the like are regularly invited to participate in blood donation, stem cell donation, pulse polio, health awareness, cancer awareness, psychological counselling, tobacco and drug awareness, dental hygiene, menstrual hygiene, and other similar camps.

### **Blood Donation Camp**

It is worth noting that in 2022-23, MRIIRS faculty and students donated 1068 units of blood in **blood donation camp at MRIIRS campus and from 2014 around 9079 units are collected till now.**



Blood Donation camp

## **Ek Mutthi Daan - Dry Grains Collection**

Dr. OP Bhalla Foundation through its ISR activities tried to create a content society and in this fight, Manav Rachna Educational Institutions have always played a major role in helping us fulfil our Vision, Mission and Objectives.

The Ek Mutthi Daan campaign program has been drawn from the life and times of the Founder Chancellor of MRIU, Dr. O P Bhalla. The Ek Mutthi Daan campaign started on Friday, March 28, 2014. Ever since then, the Ek Mutthi Daan initiative has been taken up by all constituents of the MREI family, to keep the noble movement going, so that 'no one sleeps hungry'. The foundation stands firmly committed to the cause of mass welfare and instilling the spirit of social and moral responsibility amongst the students.

Till date, we have donated 75000 kgs of Dry Grains to the underprivileged. Last year alone, during the celebrations of our Silver Jubilee year, we had collected 27000 kgs of dry grains, which were donated to not only 15 NGOs but also our in-campus housekeeping staff, gardeners, security guards, construction workers etc. Their blessings after receiving the grains will remain with all of us forever. Now that it's been a year to this donation drive, we again intend to do this Mega Donation Activity on 16th September 2022

**List of Organization**

<b>S. No</b>	<b>Name of Organisation</b>	<b>Details</b>	<b>Number of Beneficiaries</b>	<b>Donation (kgs)</b>
1	SHEOWS	Old Age Home	80	1500
2	Tau Devi Lal Old Age Home	Old Age Home	70	500
3	Red Cross De-addiction Center	De-addiction Center	8	240
4	Dayalpur Gurudwara	Langar	2400	1000
5	Hostel for Resued Boys	Orphanage	65	1800
6	Global Orphanage Trust	Orphanage	30	500
7	Parnav Karuna Sangha	Orphanage	25	500
8	Earth Savior Foundation	Old Age Home	500	2500
9	Prabhat an awakening	Home for underpriviledged special kids	20	500
10	People for Animals	Animal Shelter	25	500
11	Housekeeping team at MR campus	Housekeeping staff	200	3284
12	Housekeeping on rolls at MR campus	Housekeeping staff	10	150
13	Security Team at MR Campus	Security Staff	65	975

## MRIIRS: HEALTH AND WELLBEING



14	Gardeners at MR Campus	Gardeners	25	400
15	Maintenance Team at MR campus	Central admin and maintenance	150	2250
16	MR Transport	Drivers	25	400
17	Construction workers at MR campus	Labour	190	2850
			<b>TOTAL</b>	<b>19849</b>



**Ek Mutthi Daan - Dry Grains Collection**



## INTERNATIONAL PARTNERSHIP

The university has penned memoranda of understanding with a wide variety of groups on a global, national, and even local scale. There is an **INTERNATIONAL PARTNERSHIP** between MRIIRS and the National University of Ukraine on Physical Education And Sports, Ukraine; Cahaya Padma Kumara Foundation ,Indonesia; Asyiah Politechniq Pontianak, Indonesia; Universitas Sultan Ageng Tirtaya (UNTIRTA); Physiotherapy Academy YAB; Asyiah Politechniq Pontianak, Indonesia and Universiti Teknologi MARA (UiTM). The **MAIN PURPOSE** of this MOU is to establish a framework for collaboration between the two Institutions to facilitate the exchange of faculty, students, and clinical, academic, and research information between the two Institutions. These collaborations are concentrated on exchanging faculty members, undergraduate and/or graduate students, jointly supervising master's and Ph.D. students, developing curricula, exchanging academic information and materials, publications, and research materials in the fields of mutual interest, conducting joint research programs, joint research, lectures, symposiums, and conferences, and investigating the potential for internships and sandwich programs.



MOU Signing ceremony

**Collaborations in year 22-23:**

Date	MOU	National/ International	Faculty	Scope
6/5/2021	National University of Ukraine on Physical Education And Sports, Ukraine	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
6/5/2021	Cahaya Padma Kumara Foundation ,Indonesia	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
6/5/2021	Asyiah Politechniq Pontianak, Indonesia	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
8/8/2022	Universitas Sultan Ageng Tirtaya (UNTIRTA)	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
8/8/2022	Physiotherapy Academy YAB	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
8/8/2022	Asyiah Politechniq Pontianak, Indonesia (Research Aggrement)	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses

## MRIIRS: HEALTH AND WELLBEING



8/16/2022	Universiti Malaya	International	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
10/18/2022	Fellowship Program with Cahaya Padma Kumara Foundation, Indonesia	International	Faculty of Allied Health Sciences	Fellowship program, Dual degree program
8/20/2021	Fit India, India	National	Faculty of Allied Health Sciences	Joint research project, Curriculum design, placement, Guest lectures, Industrial Training
09.11.2021	Sports,Physical Education, Fitness & Leisure Skills Council-SPEFL-SC	National	Faculty of Allied Health Sciences	Joint research project, Curriculum design, placement, Guest lectures, Industrial Training
9/23/2021	Sports Next, India	National	Faculty of Allied Health Sciences	Short term courses, workshops, Placements
11/24/2021	Galactus Funware Technologies Pvt Ltd-MPL	National	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
4/21/2022	ICAR-Indian Institute of Millets Research	National	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses

## MRIIRS: HEALTH AND WELLBEING



4/28/2022	Paras Hospitals	National	Faculty of Allied Health Sciences	Clinical postings, Rotatory observership, Guest lectures
6/10/2022	Nutra Supplements	National	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Placements
8/23/2022	NIFTEM	National	Faculty of Allied Health Sciences	Faculty exchange, Research collaboration, Student Exchange for short term courses
2021	ESIC Medical College , Faridabad	National	Faculty of Dental Sciences	Clinical Postings/Internship
2022	Balaji Dental and Craniofacial Hospital , Chennai and Manav Rachna Dental College , FDS, MRIIRS	National	Faculty of Dental Sciences	Clinical Postings/Internship
2022	Invisalign	National	Faculty of Dental Sciences	Clinical Postings/Internship
2022	Sarvodaya Hospital, Faridabad	Local	Faculty of Allied Health Sciences	Clinical Postings/Internship
2022	Shweta Dental Clinic	Local	Faculty of Dental Sciences	Clinical Postings/Internship

## MRIIRS: HEALTH AND WELLBEING



2022	Asian Hospital, Faridabad	Local	Faculty of Allied Health Sciences	Clinical Postings/Internship
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