

Diet and Nutrition Clinic

Manav Rachna International Institute of Research & studies has its own Diet and Nutrition Clinic. In Clinic, Nutrition counselling for different metabolic conditions is provided.

The objective of Diet and Nutrition clinic was to provide nutrition support with regard to nutritional assessment, nutritional awareness, providing guidelines to prevent communicable and non-communicable disease and providing treatment of various metabolic disorder. Many patients of different ailments were catered such as hypothyroidism, diabetes, kidney disorder, liver disorder, hyperlipidaemia, hypertension, obesity, weight gain and many more. Health camps are organized at regular intervals to different areas of Delhi, NCR so as to reach out to those people who are unable to visit in OPD. In camps, we provide free consultation and assessments to people who are in need. We explain them about their conditions and guide them dos and don'ts with nutrition perspective.



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